

Emotion  
&  
How It Is Measured  
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CHANGE THE WORLD FROM HERE

# Global Affective Computing Market to grow at a compound annual growth rate of 33%+ 2017-2022

JANUARY 26, 2018 BY QYREPORTS

Global Affective Computing Market to grow at a CAGR of +33% during forecast period 2017-2022 with top key players like Google Inc, IBM Corporation, Microsoft Corporation and others

The research report of global Affective Computing market examines the current and futuristic development estimate of the market. This report offers a complete detail about the Affective Computing market which is extremely thrusting in the present market situation. The driving key factors and restraint are given which are capable for its progress and slow down of the market too. The research study is an accumulation of primary and secondary research, which enables the players to have a robust understanding of the overall market.



# What is Emotion?

Many definitions (Kleinginna and Kleinginna, 1981). Two agreed upon definitions:

1. Emotion is a reaction to events deemed relevant to the needs, goals, or concerns of an individual  
and
2. Emotion encompasses physiological, affective, behavioral, and cognitive components.

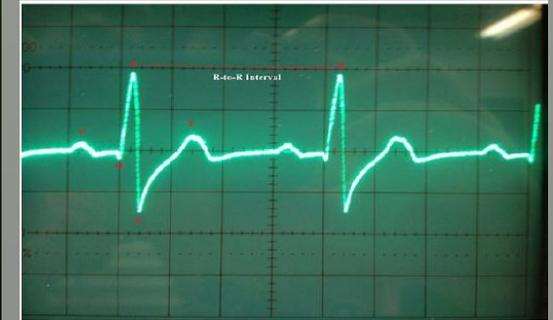
# Multi-Component Response of Emotion



SUBJECTIVE



BEHAVIORAL



PHYSIOLOGICAL

<https://www.youtube.com/watch?v=kgqep0h1tuo>

<https://www.youtube.com/watch?v=6buiTtvrft4>

<https://www.youtube.com/watch?v=fPxsVzR7Gqs>

E.g., fear is a reaction to a situation that threatens or is perceived to threaten an individual's physical well-being

-> strong negative affective state

-> strong physiological and cognitive preparation for action.

Brave and Nass, 2002

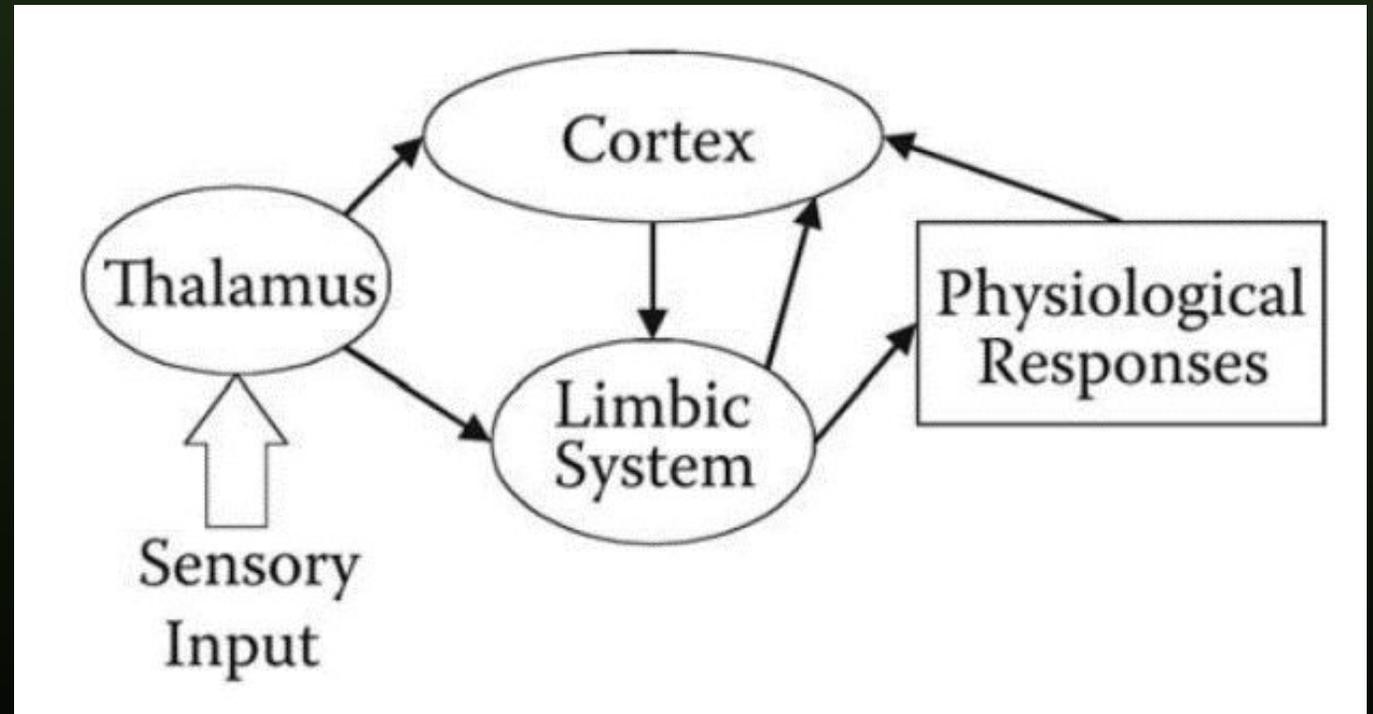
# Simple Neurophysiological Model

Thalamus:

Sensory input from external environment received by thalamus

-> like a signal processor.

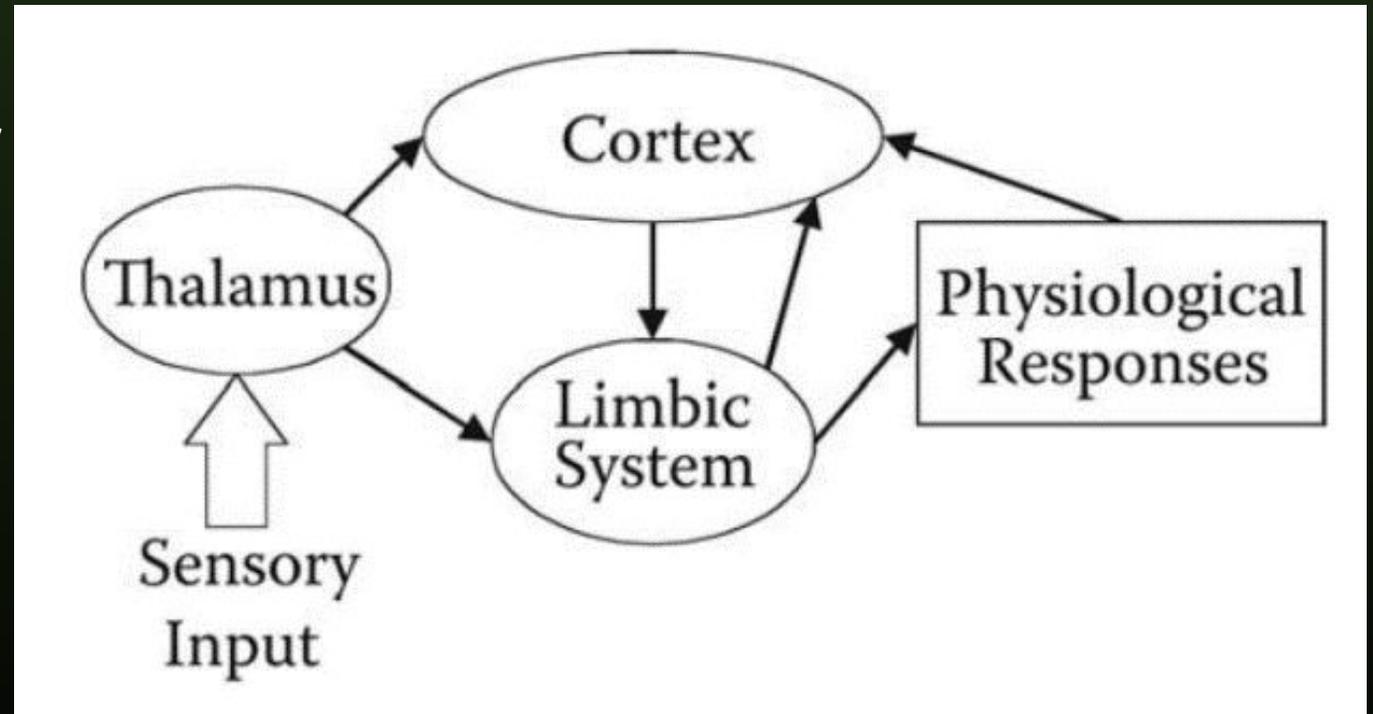
This information is then sent simultaneously to both.....



# Simple Neurophysiological Model

Limbic System -> called the 'seat of emotion'.

Direct thalamic-limbic pathway -> more 'primitive' emotions, e.g. startle-based fear, innate aversions, attractions.

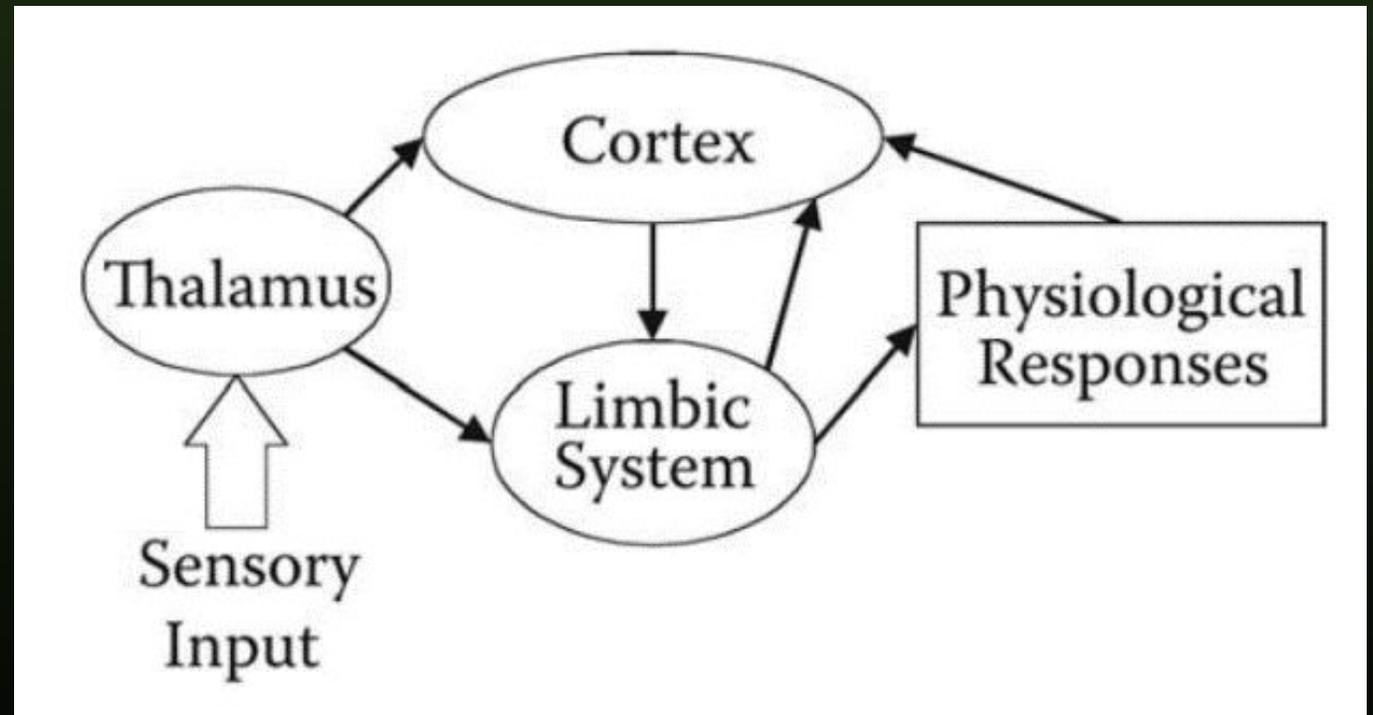


# Simple Neurophysiological Model

Cortex:

‘Higher-level’ processing.  
Biases attention and other  
cognitive processes.

‘Secondary’ emotions, e.g.  
frustration, pride, satisfaction



# Classifications of Emotion

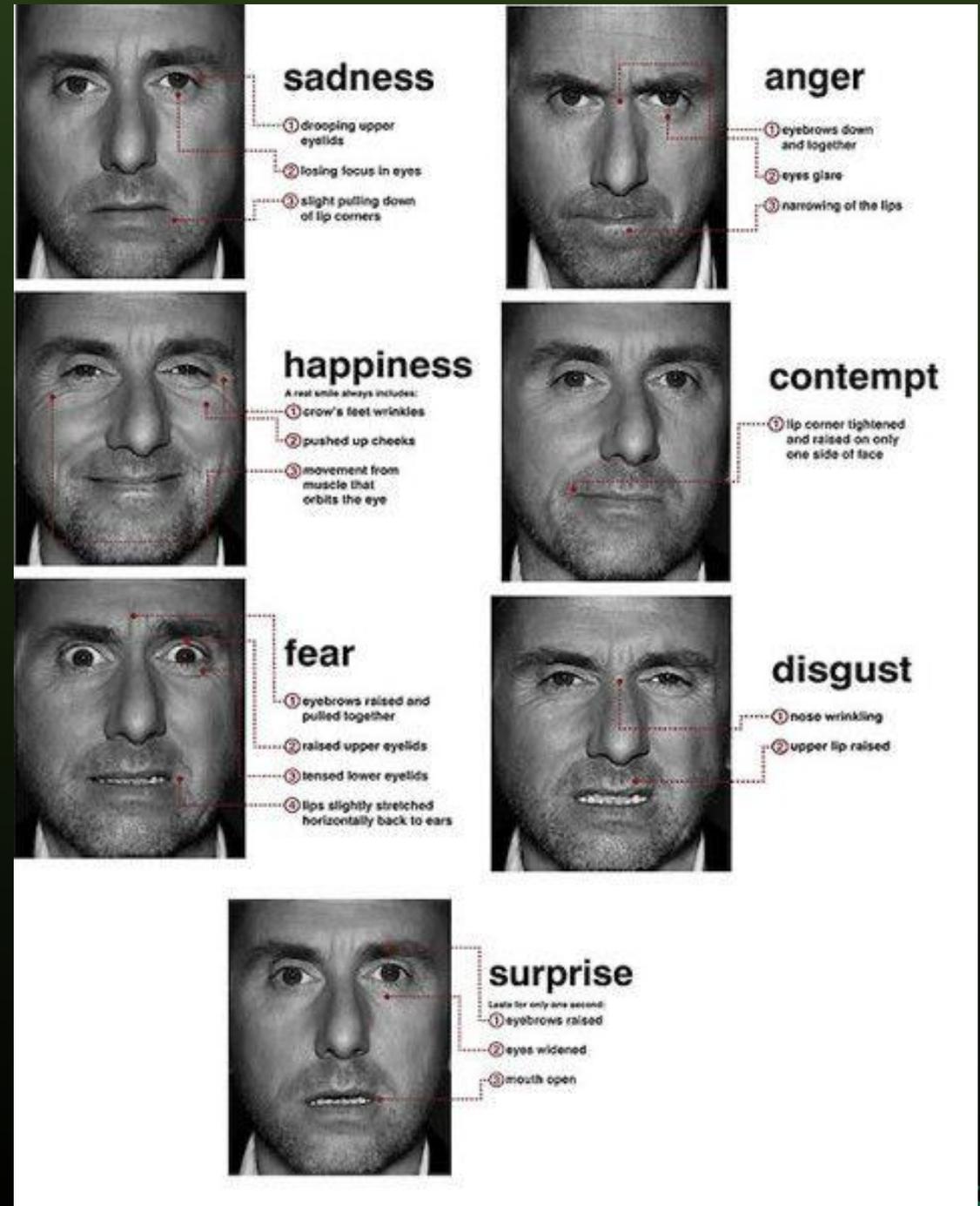
Discrete Model    Continuous Model

And the “One Hundred Year Emotion War”

# Discrete model of affect

Discrete categorization based on facial expressions of basic emotions.

Paul Ekman and colleagues, (see Ekman, Friesen, and Ellsworth, 1972 for review), evidence gathered over three decades identifying a small number of so-called 'basic' emotions.



# Discrete model of affect

Anger

Disgust

Fear

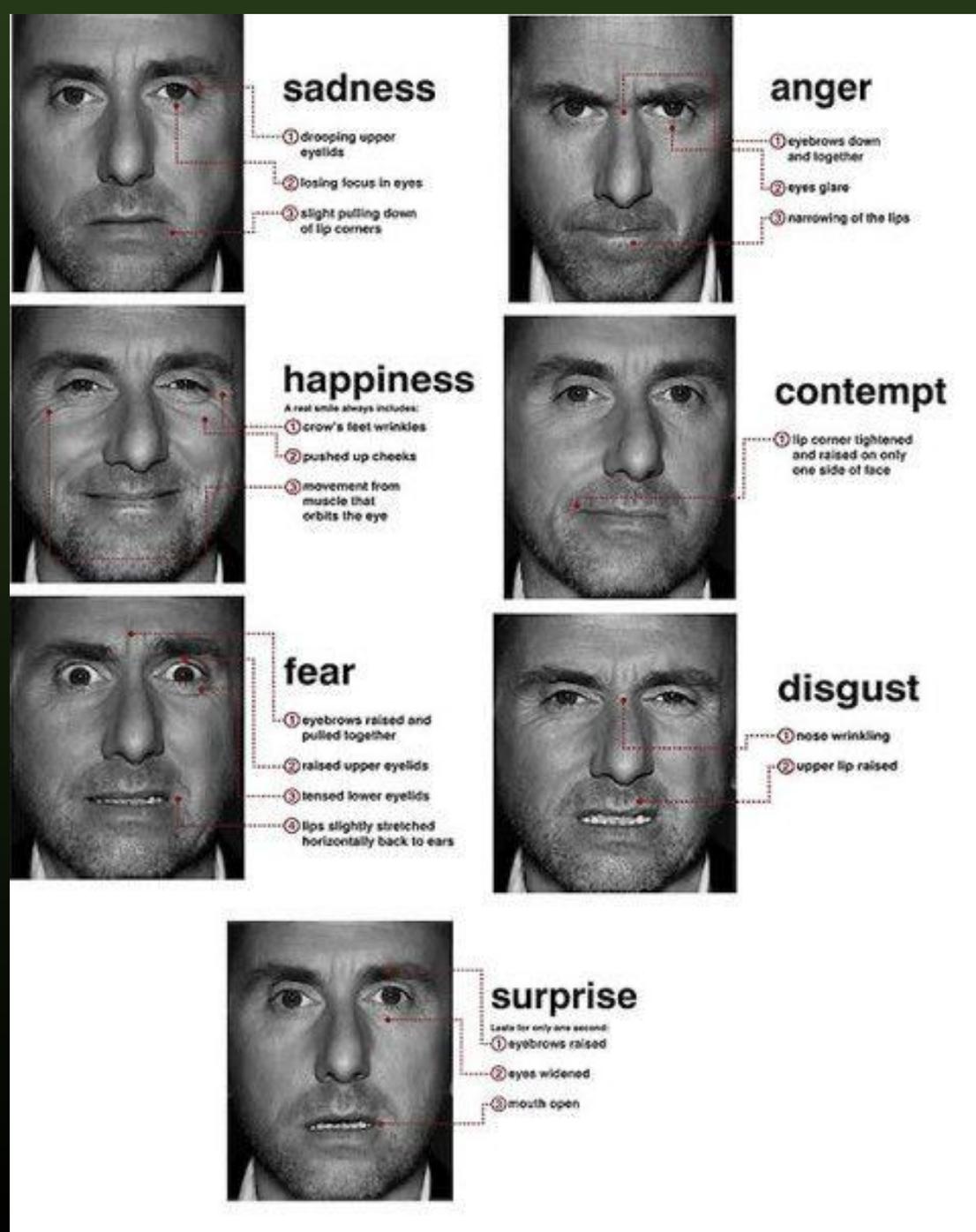
Happiness

Sadness

Surprise

Contempt added more recently

-- Paul Ekman

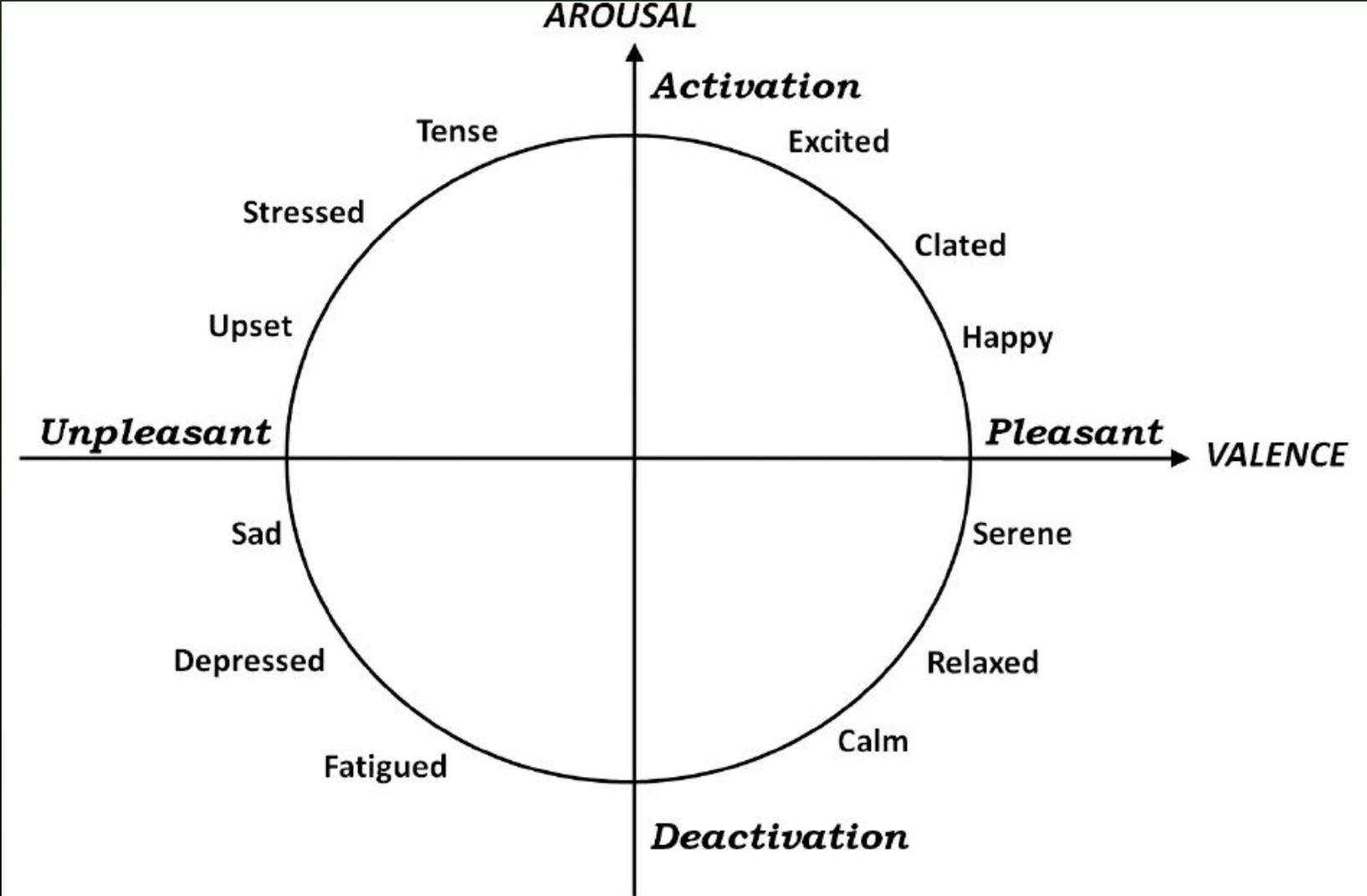


# Continuous – Circumplex model of affect (Russell, 1980)

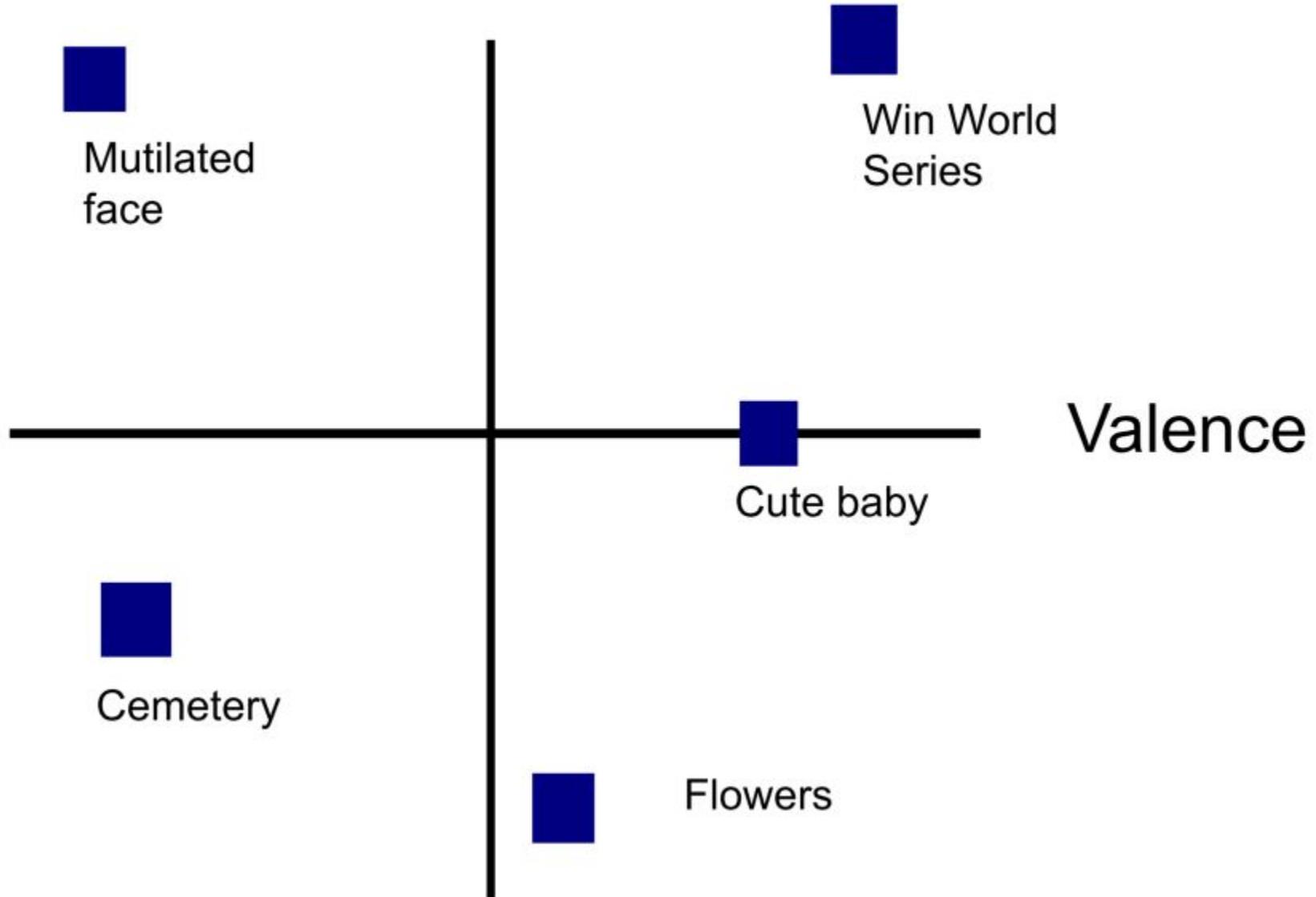
James Russell and colleagues strongly challenged this data.  
Multi-dimensional affect space rather discrete emotion categories.

Many researchers argue that two dimensions—arousal (activation) and valence (pleasant/unpleasant)—are nearly sufficient to describe the entire space of conscious emotional experience (Feldman, Barrett, & Russell, 1999).

# Continuous – Circumplex model of affect



Arousal



Valence



How can we measure  
emotion?

# Self-assessment

# PANAS

## Discrete self-assessment measurement.

### Worksheet 3.1 The Positive and Negative Affect Schedule (PANAS; Watson et al., 1988)

#### PANAS Questionnaire

This scale consists of a number of words that describe different feelings and emotions. Read each item and then list the number from the scale below next to each word. **Indicate to what extent you feel this way right now, that is, at the present moment OR indicate the extent you have felt this way over the past week (circle the instructions you followed when taking this measure)**

| 1                           | 2        | 3          | 4           | 5         |
|-----------------------------|----------|------------|-------------|-----------|
| Very Slightly or Not at All | A Little | Moderately | Quite a Bit | Extremely |

|                       |                      |
|-----------------------|----------------------|
| _____ 1. Interested   | _____ 11. Irritable  |
| _____ 2. Distressed   | _____ 12. Alert      |
| _____ 3. Excited      | _____ 13. Ashamed    |
| _____ 4. Upset        | _____ 14. Inspired   |
| _____ 5. Strong       | _____ 15. Nervous    |
| _____ 6. Guilty       | _____ 16. Determined |
| _____ 7. Scared       | _____ 17. Attentive  |
| _____ 8. Hostile      | _____ 18. Jittery    |
| _____ 9. Enthusiastic | _____ 19. Active     |
| _____ 10. Proud       | _____ 20. Afraid     |

#### Scoring Instructions:

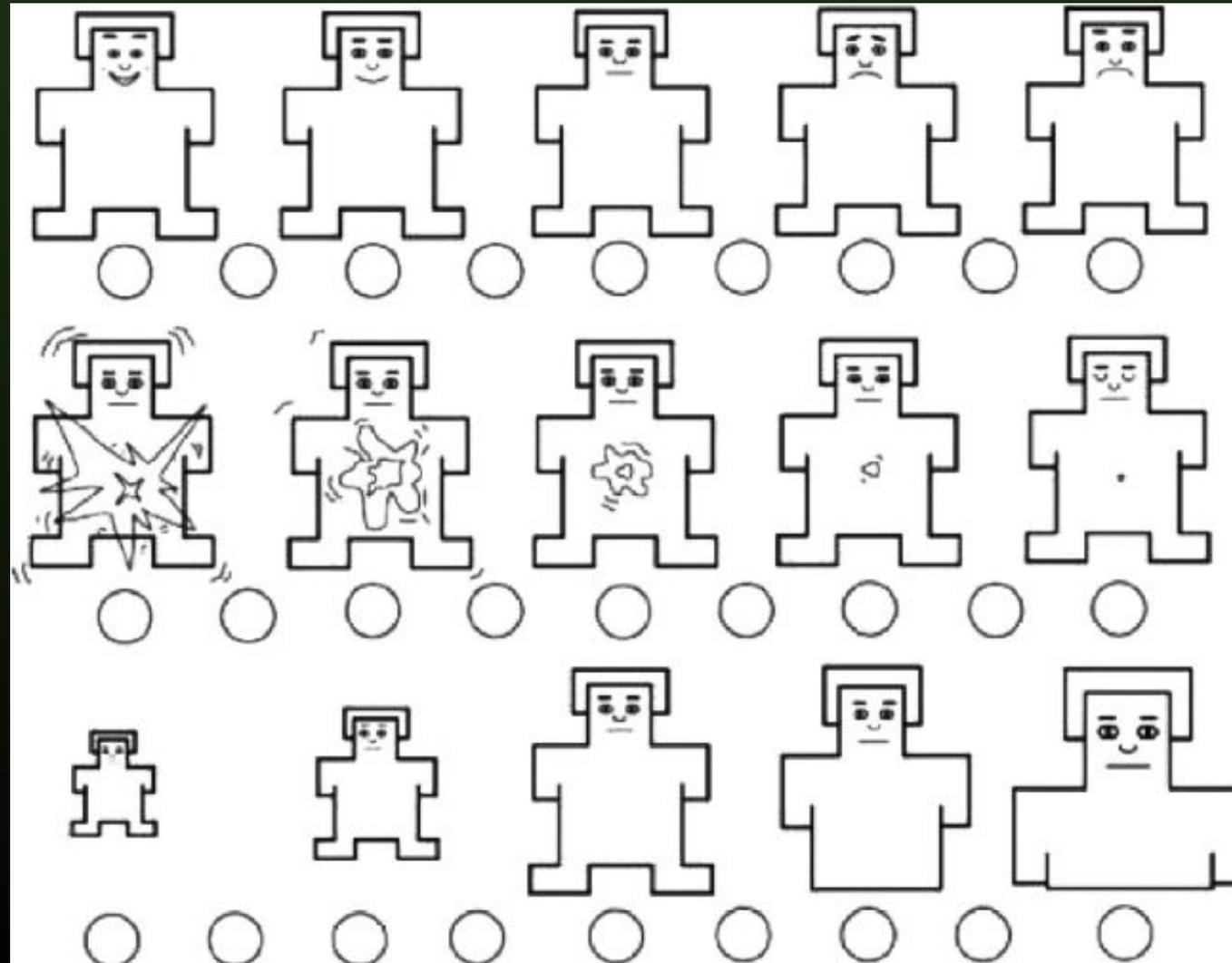
**Positive Affect Score:** Add the scores on items 1, 3, 5, 9, 10, 12, 14, 16, 17, and 19. Scores can range from 10 – 50, with higher scores representing higher levels of positive affect. Mean Scores: Momentary = 29.7 ( $SD = 7.9$ ); Weekly = 33.3 ( $SD = 7.2$ )

**Negative Affect Score:** Add the scores on items 2, 4, 6, 7, 8, 11, 13, 15, 18, and 20. Scores can range from 10 – 50, with lower scores representing lower levels of negative affect. Mean Score: Momentary = 14.8 ( $SD = 5.4$ ); Weekly = 17.4 ( $SD = 6.2$ )

Copyright © 1988 by the American Psychological Association. Reproduced with permission. The official citation that should be used in referencing this material is Watson, D., Clark, L. A., & Tellegan, A. (1988). Development and validation of brief measures of positive and negative affect: The PANAS scales. *Journal of Personality and Social Psychology*, 54(6), 1063–1070.

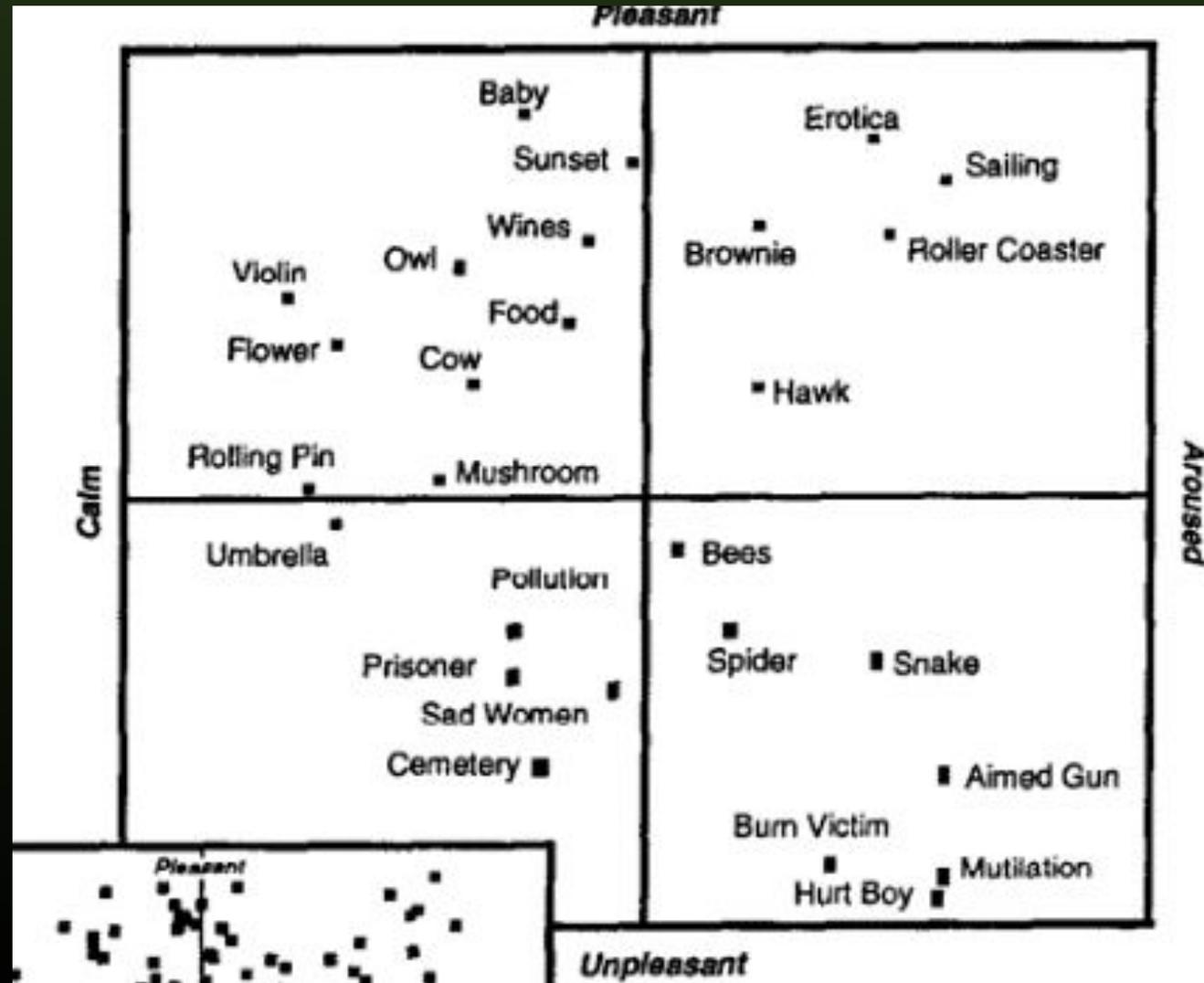
# Self-assessment manikin (SAM)

## Continuous Self-Assessment Measurement



Bradley and  
Lang, 1994

# SAM ratings of International Affective Picture Systems (IAPS) – Lang et al. 1998)



Bradley and  
Lang, 1994

Let's have a go at using SAM now to rate how you feel after watching 3 videos.

Video 1

[https://www.youtube.com/watch?v=4U\\_xmfSwYSw](https://www.youtube.com/watch?v=4U_xmfSwYSw)

Video 2

[https://www.youtube.com/watch?v=\\_u6Tt3PqIfQ](https://www.youtube.com/watch?v=_u6Tt3PqIfQ)

Video 3

<https://www.youtube.com/watch?v=urturSNMgd0>

# Video 1



# Video 2



# Video 3



# Self-assessment

Not good for continuous data – affected by when asked

Only measure conscious experience of emotion (much unconscious processes in limbic system)

Interruption of experience

Emotions difficult to describe in words

Experimenter bias – participants want to look good and also please experimenter

# (More) Objective Measures of Emotion

Distance

Face, voice

Sensing:

Posture

Gestures, movement, behavior

Up-close

Pupil dilation, Temperature, Respiration

Sensing:

Skin conductance, ECG, EEG, Blood pressure volume, HR, HRV

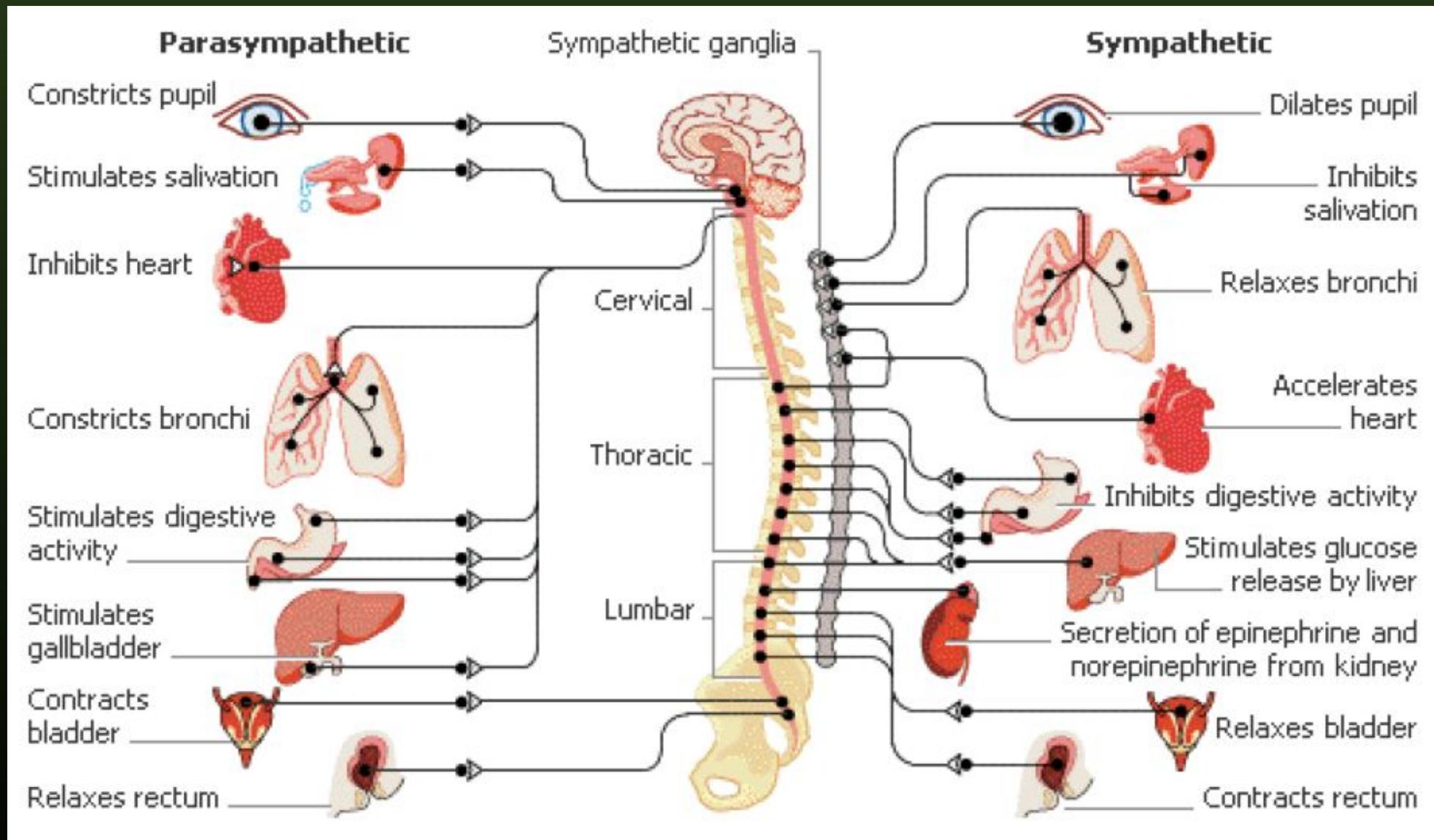
Internal

Hormones

Sensing:

Neurotransmitters

# Physiological Measures (Autonomic Activity)



# Physiological Computing

## Measures of Autonomic Nervous System (ANS)

- Cardiovascular Measures
- Peripheral Measures – electrodermal activity
- Neuroendocrine Measures

# Physiological Computing

- Provides real-time, continuous data
- Reads unconscious responses
- No conscious assessment required
- Circumvents deliberate distortions in responses

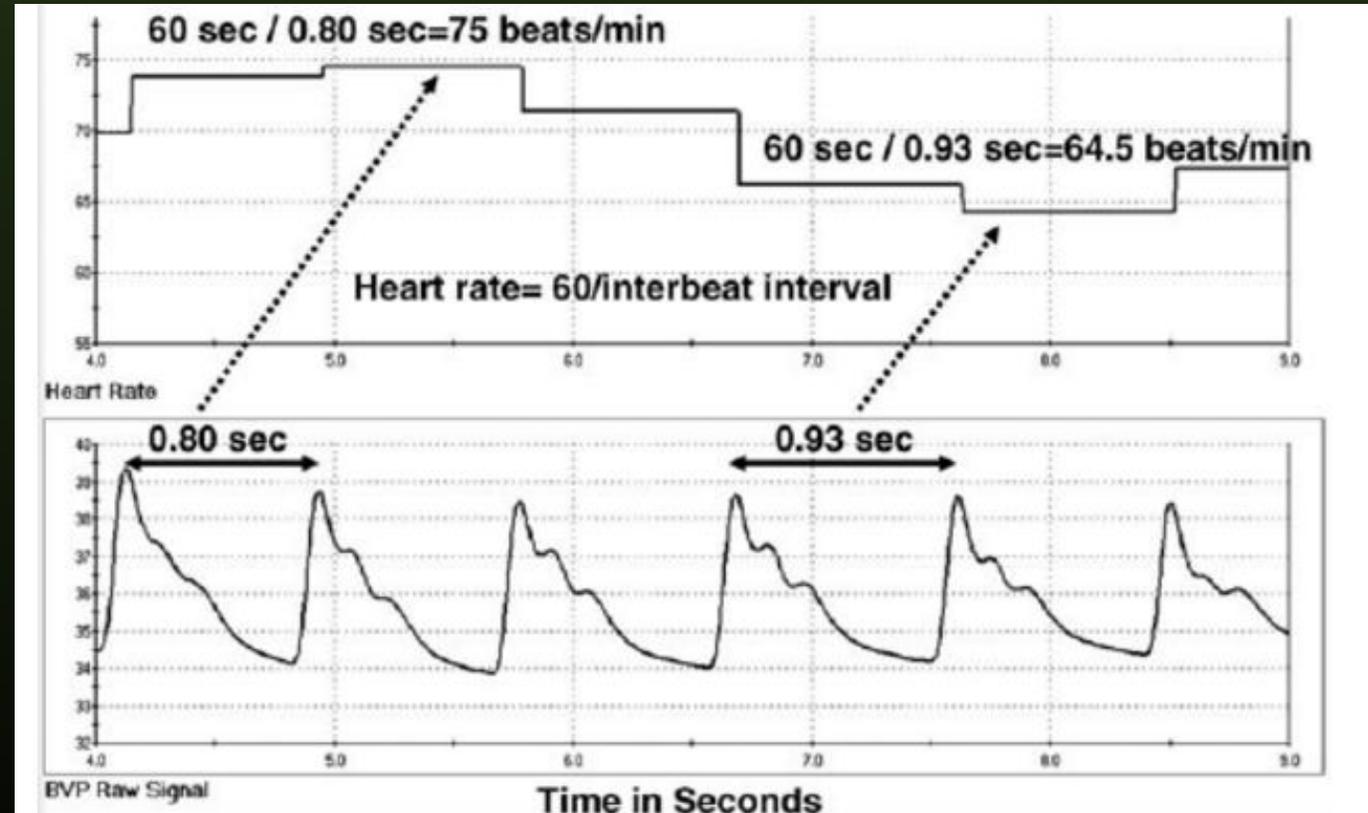
# Heart Rate

HR is derived from blood volume pulse by measuring the interbeat interval and then transforming this in beats per minute (bpm).

E.g.

0.6 s interbeat interval is  
 $60/0.6 = 100$  bpm.

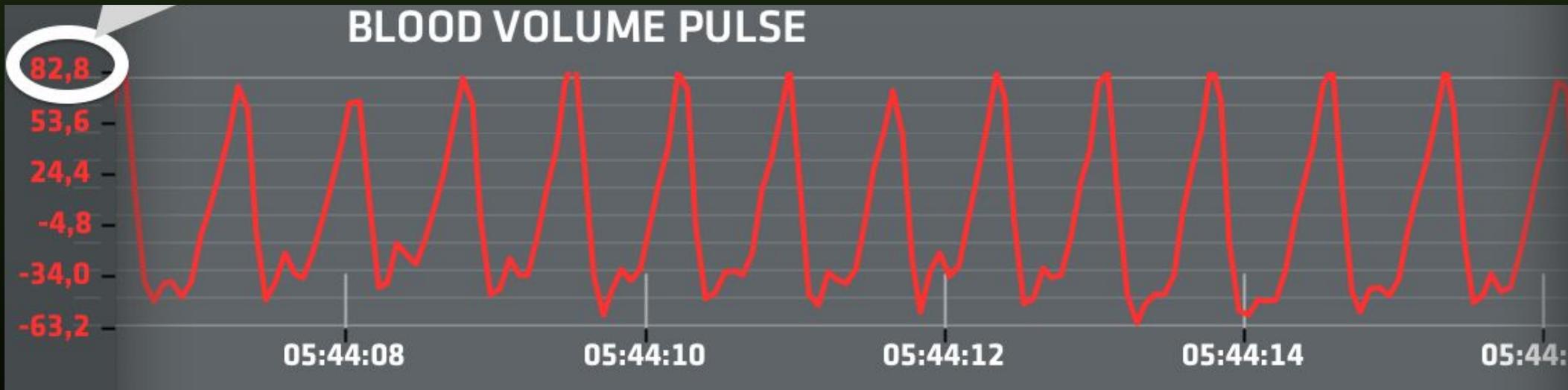
0.3 s interbeat interval is  
 $60/0.3 = 200$  bpm.



[https://www.researchgate.net/figure/281574849\\_fig3\\_Figure-3-Heart-rate-is-derived-from-measures-of-blood-volume-pulse-by-measuring-the](https://www.researchgate.net/figure/281574849_fig3_Figure-3-Heart-rate-is-derived-from-measures-of-blood-volume-pulse-by-measuring-the)

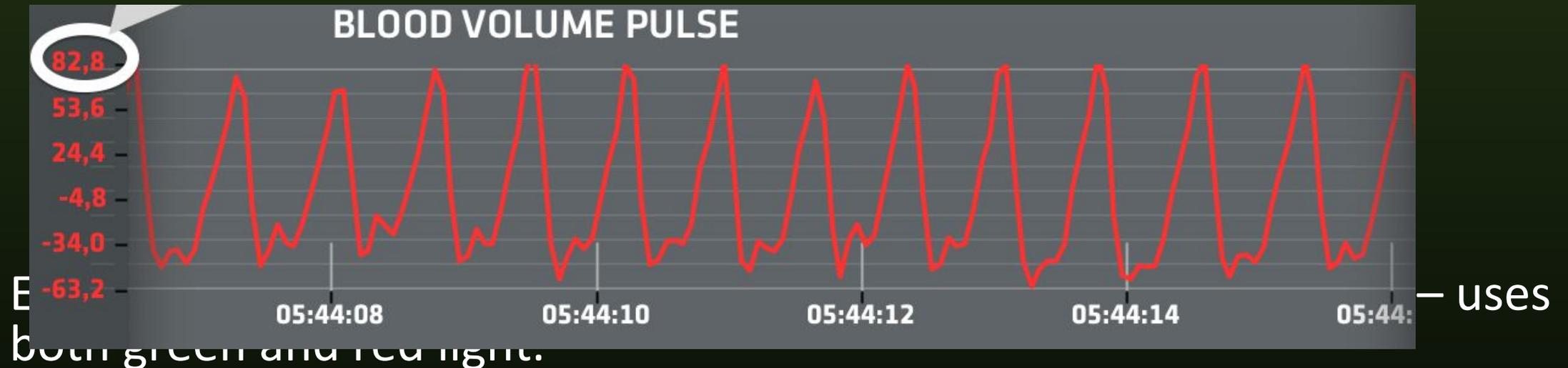
# Heart Rate

Empatica E4 wristband - PPG (Photoplethysmography) is used to give the blood volume pulse (BVP)



# Heart Rate

Heart rate is computed by detecting the peaks (beats) from the PPG and computing the lengths of the intervals between adjacent beats.



Green data contains main information about heart beats  
Red data contains information on movements.

# Heart Rate

Though the debate is far from resolved, certain measures have proven reliable at distinguishing among 'basic emotions'.

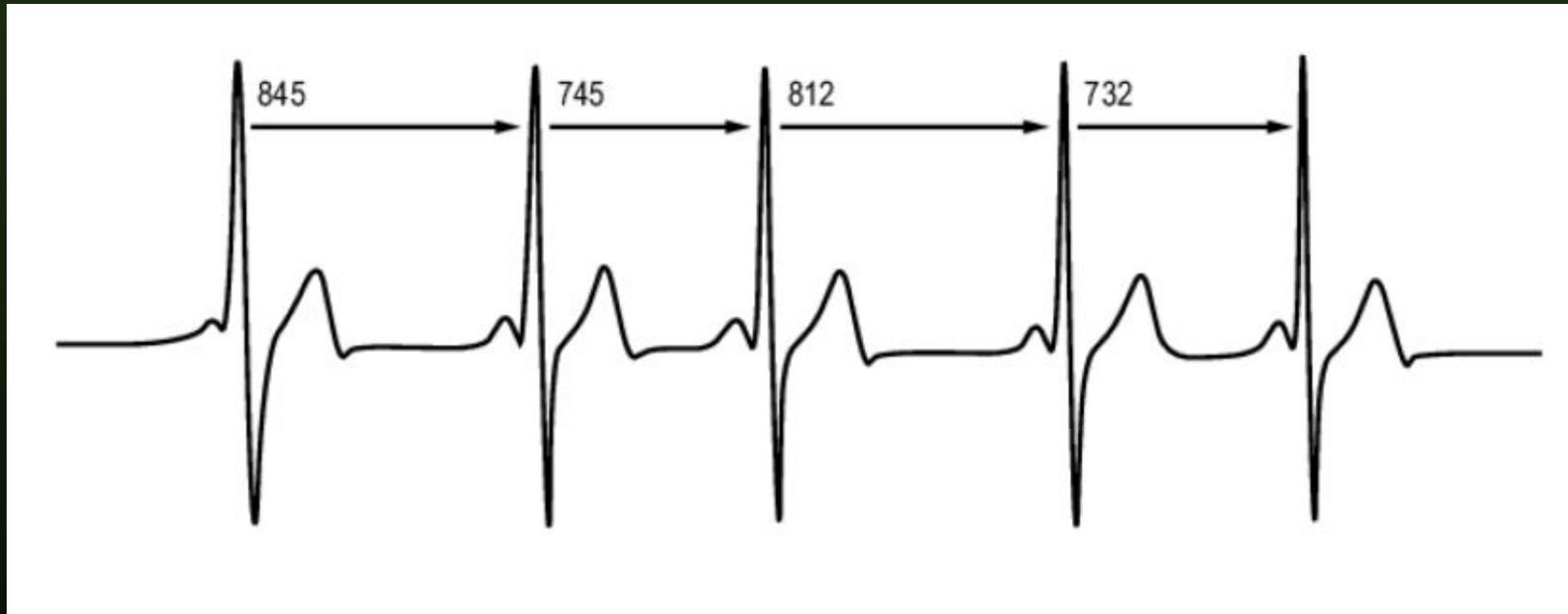
HR increases most during fear, followed by anger, sadness, happiness, surprise, and finally disgust.

HR increases during excitement, mental concentration, and intense sensory stimuli.

HR decreases with relaxation, attentive visual and audio observation, and pleasant stimuli.

HR increase can be a function of sympathetic activation or parasympathetic withdrawal.

# Heart Rate Variability



Variation in the beat-to-beat interval (time interval between heartbeats).

# Heart Rate Variability

HRV changes have been linked to valence:

- Decreases during emotion inductions of sadness, anger, and fear.
- Increases during positive mood, happiness, and maybe compassion.

HRV decreases also linked to mental effort:

- Associated with improved decision making
- Associated with better performance during landings and emergency simulations for airline pilots.

# Electrodermal Activity (EDA)

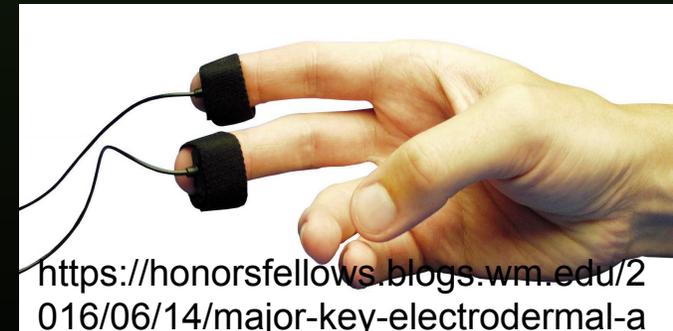
Formerly known as Galvanic Skin Response (GSR)

Skin conductance – measures the activity in the eccrine (sweat gland)

Skin resistance varies with the state of sweat glands in the skin.

Sweating is increased by the activation of sympathetic nervous system

-> increases skin conductance.



<https://honorsfellows.blogs.wm.edu/2016/06/14/major-key-electrodermal-a>

# Electrodermal Activity (EDA)

Emotional activation

-> brain sends signals to the skin to increase level of sweating

-> electrical conductance increases (as pores below surface fill)

(you may not feel any difference)



Creator: Allstar/Cinetext Collection  
Credit: Sportsphoto/Allstar/Cinetext Collection

# How is EDA measured?

Several different ways such as skin potential, resistance, conductance, admittance, and impedance (see [Electrodermal Activity by Wolfram Boucsein](#) for more info).

The Empatica E4 measures electrical *conductance* across skin by passing a minuscule amount of current between two electrodes in contact with skin. The units of measurement for conductance are microSiemens ( $\mu S$ ).

If sweat increases -> conductance increases -> can infer arousal has increased.



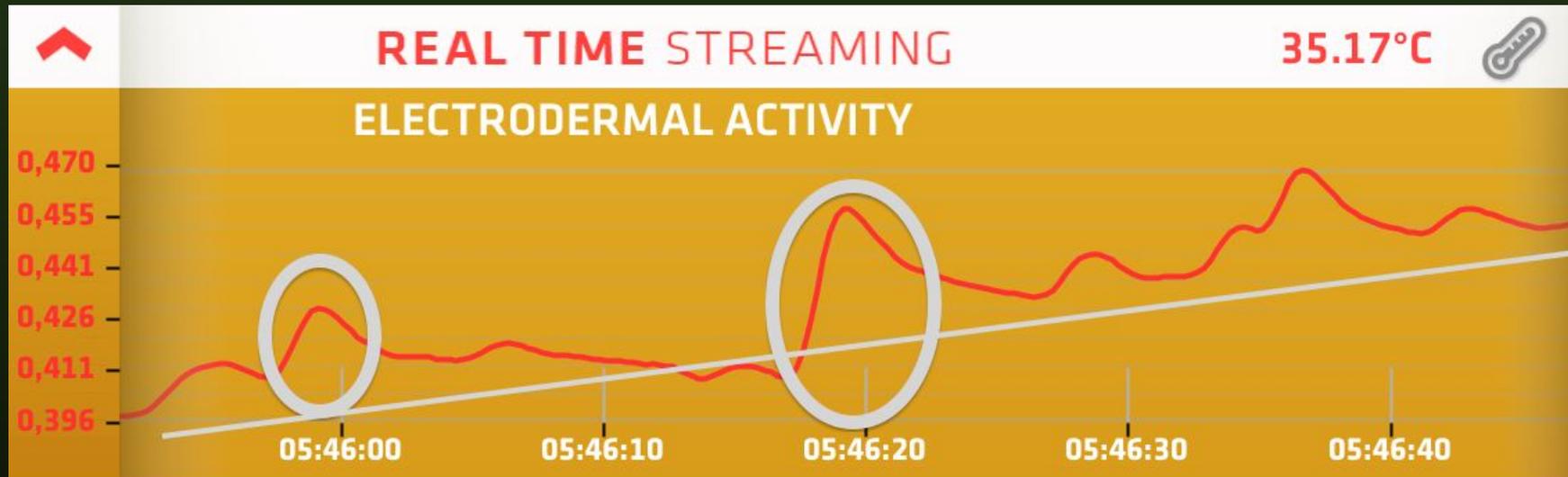
# How is EDA measured?

Skin conductance measurement can be characterized into two types:

1. *Tonic skin conductance response* = smooth, underlying slow changing levels.
2. *Phasic skin conductance response* = rapidly changing peaks
  - short-term events, discrete environmental stimuli



# How is EDA measured?

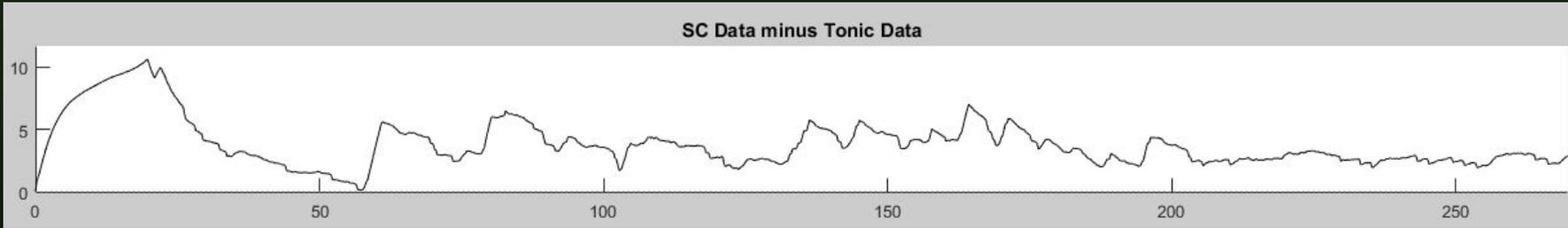
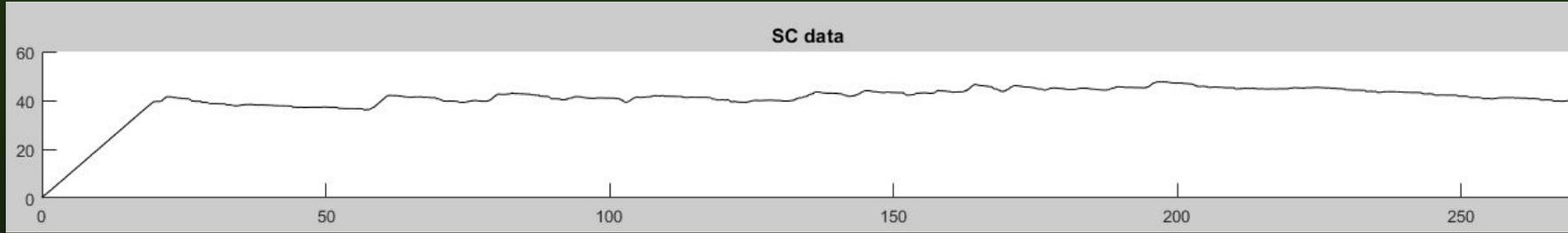


Circled – examples of phasic activations.

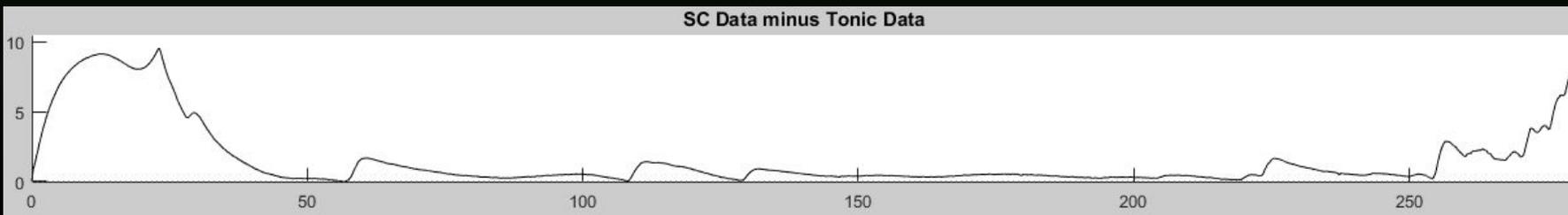
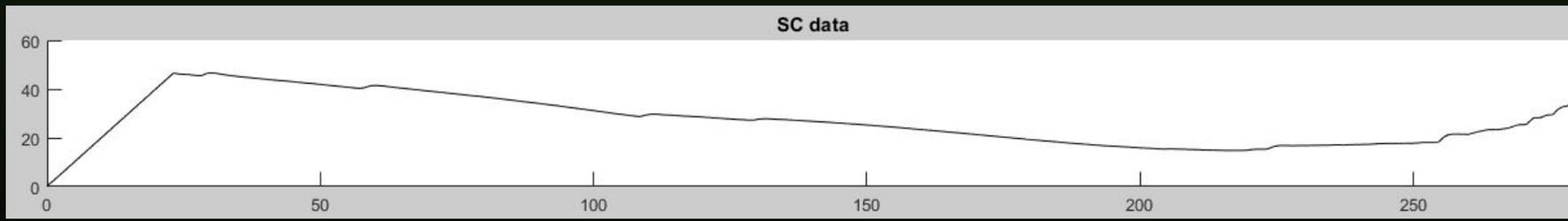
Tonic value is more smoothly-changing level, approximated by the straight white line.

# Detecting Affect

## Horror Movie



## Calm Movie



Empatica E4 Wristband

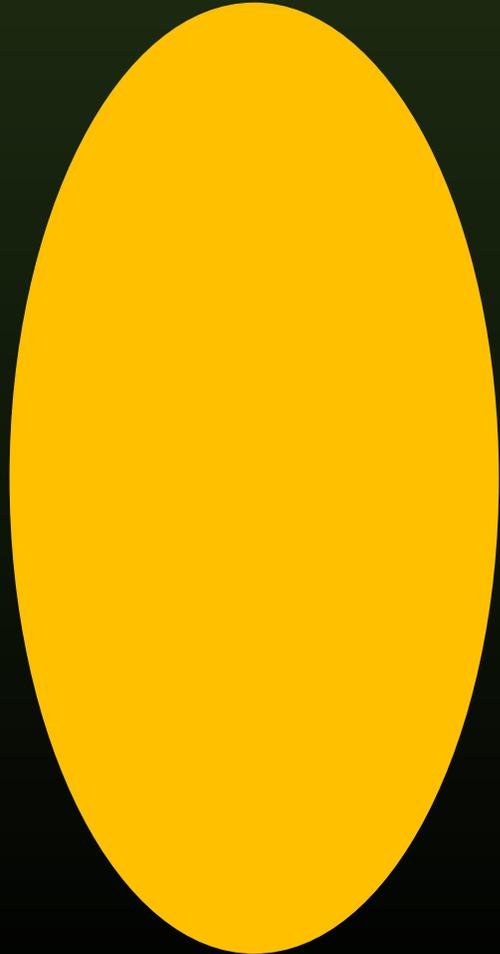
Results from Yi Yang and Bingkun Yang's work in Human-Computer Interaction Lab.

Notice how phasic activations are highlighted once the tonic data is subtracted.

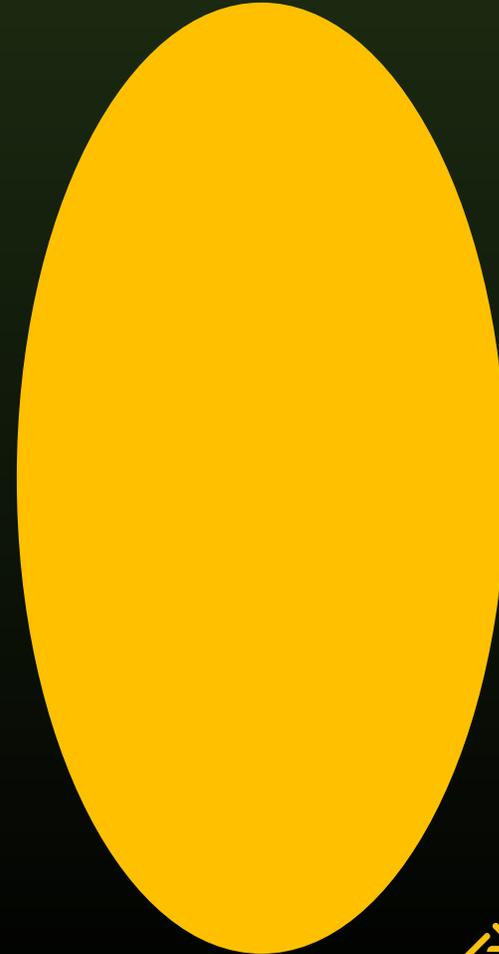
# Physiological Computing

*Greatest challenge is mapping physiological measures to psychological states.*

Physiological measure



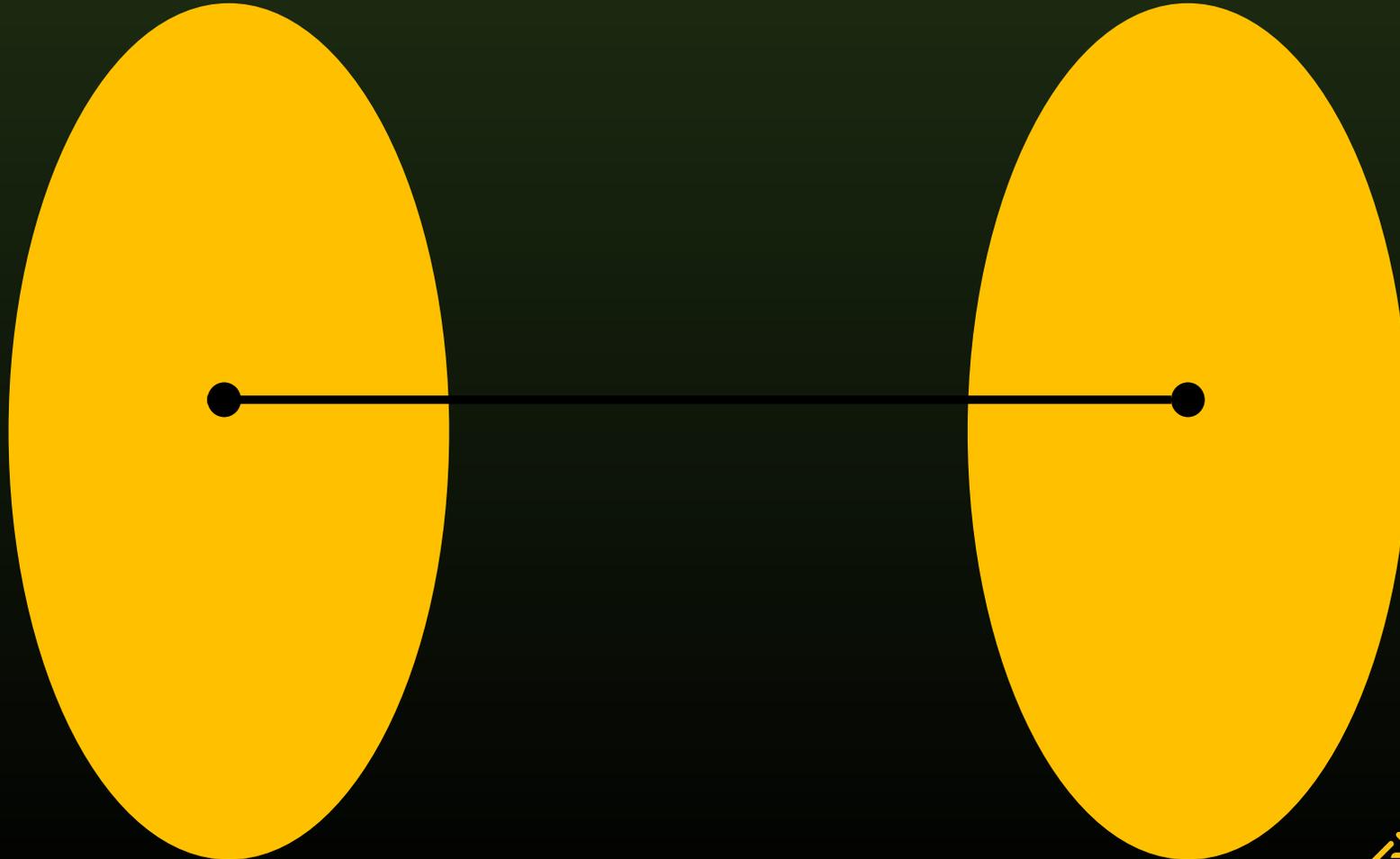
Psychological state



# One-to-one – ideal but very rare

Physiological measure

Psychological state



# Many-to-one

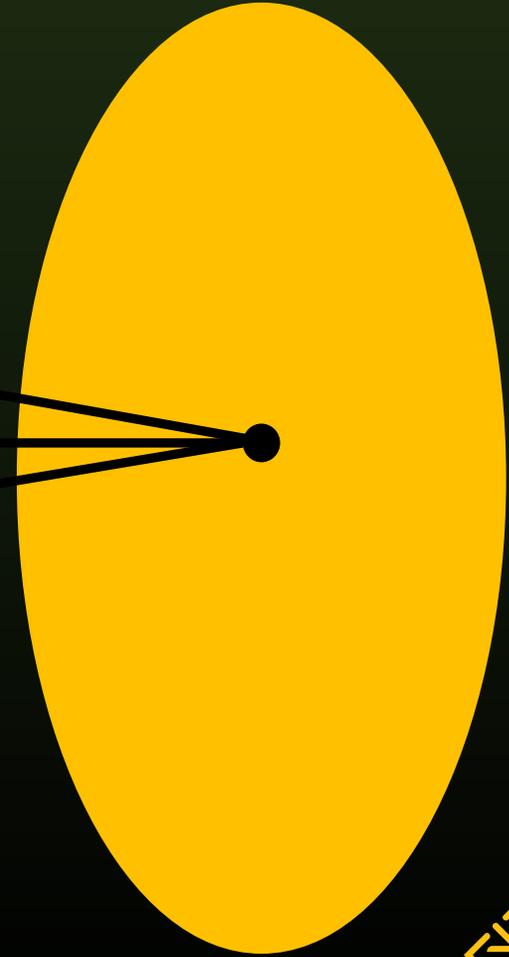
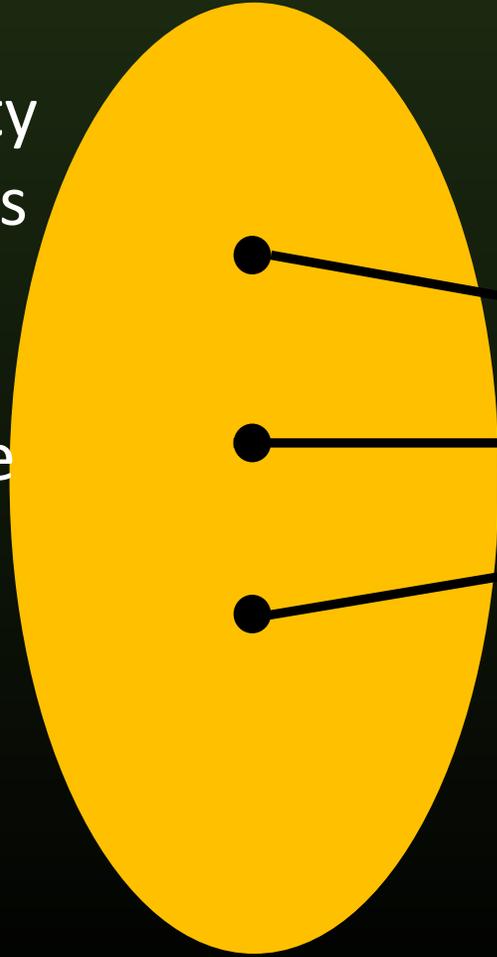
Physiological measure

Psychological state

Cortical activity  
in frontal lobes

↑ systolic  
blood pressure

Changes in  
HRV

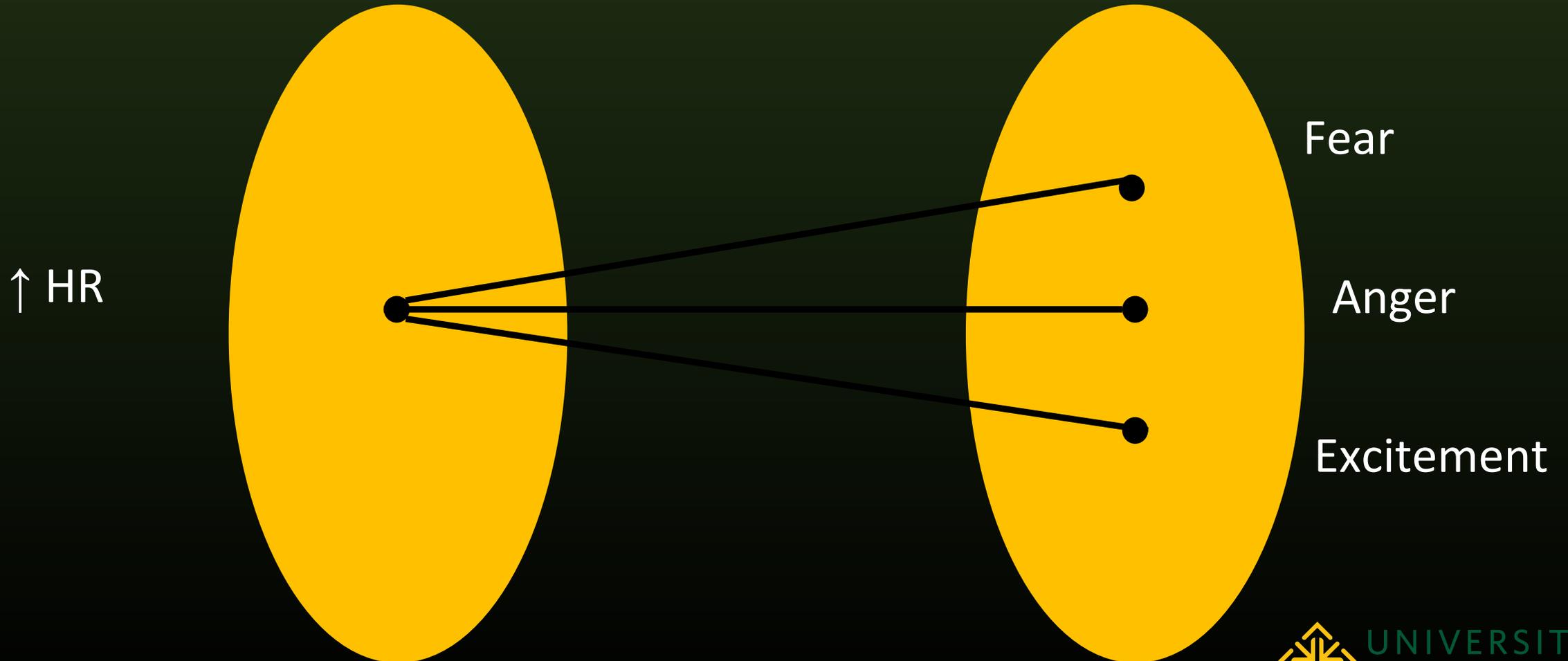


↑ Mental  
workload

# One-to-many

Physiological measure

Psychological state



# Many-to-many

Physiological measure

Psychological state

↑ diastolic  
blood pressure

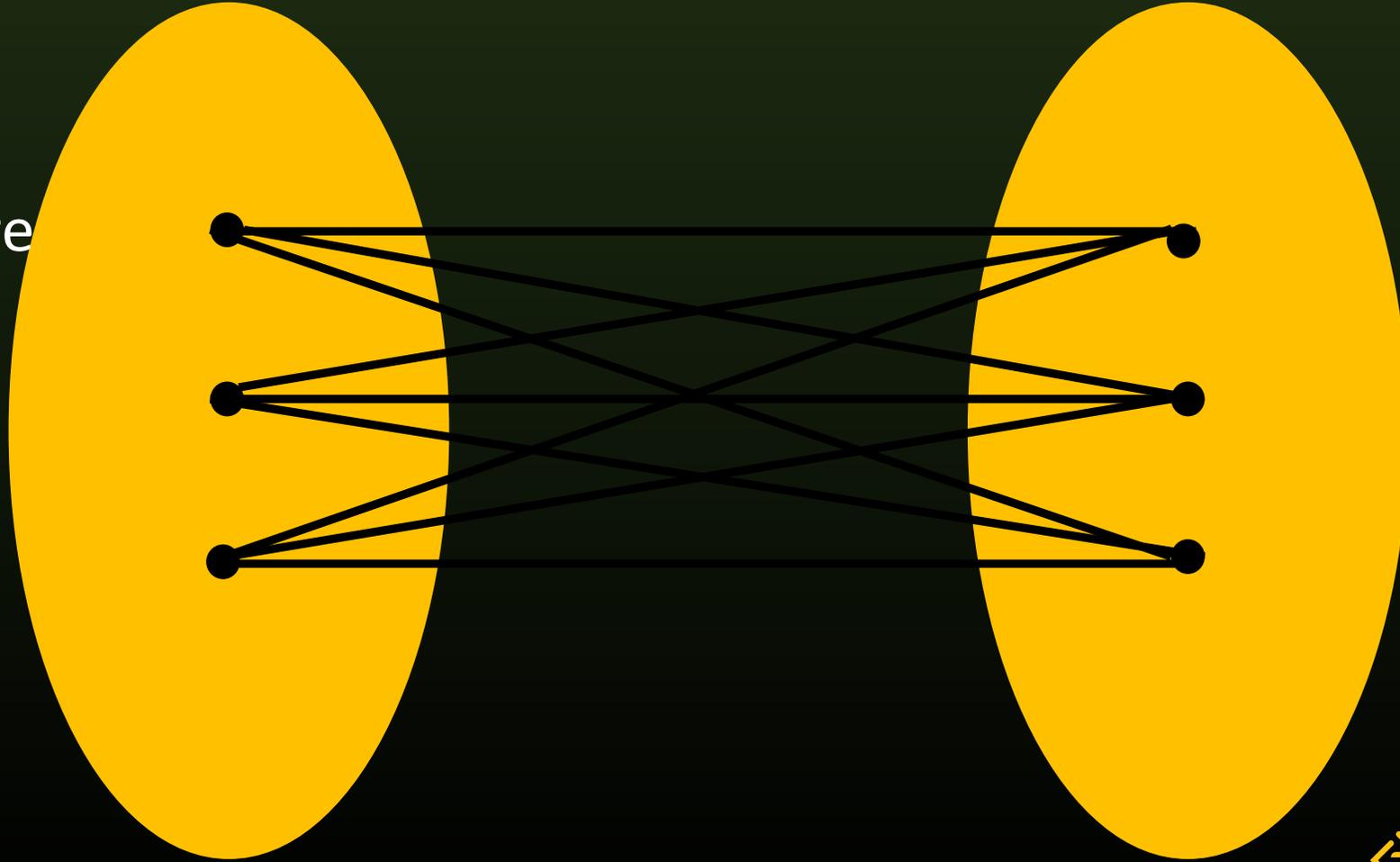
↑ HR

↑ skin  
conductance

Fear

Anger

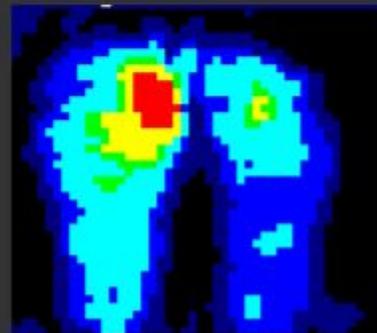
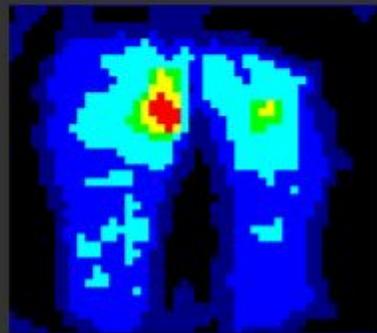
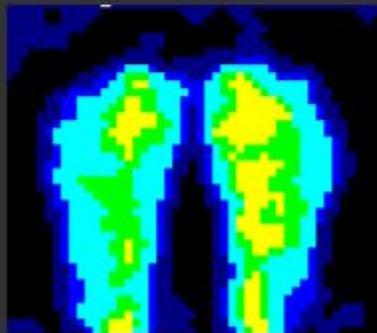
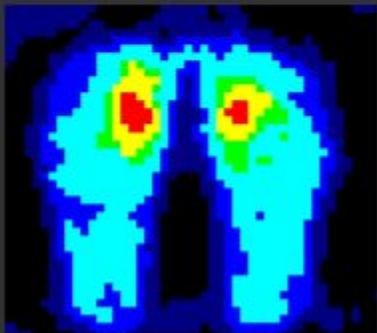
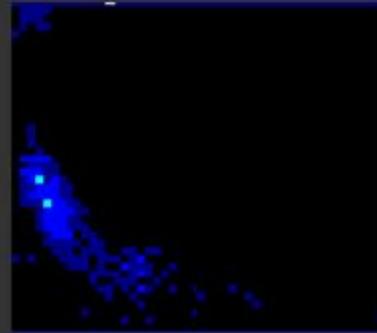
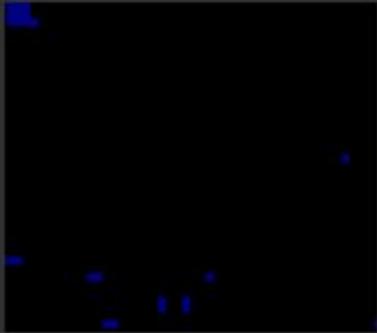
Excitement



# Posture and Gesture Detection

# Posture

Can you teach a chair to recognize behaviors indicating interest and boredom (Mota and Picard, 2003) – sensor chair can pick up on learner interest



Sit upright

Lean Forward

Slump Back

Side Lean

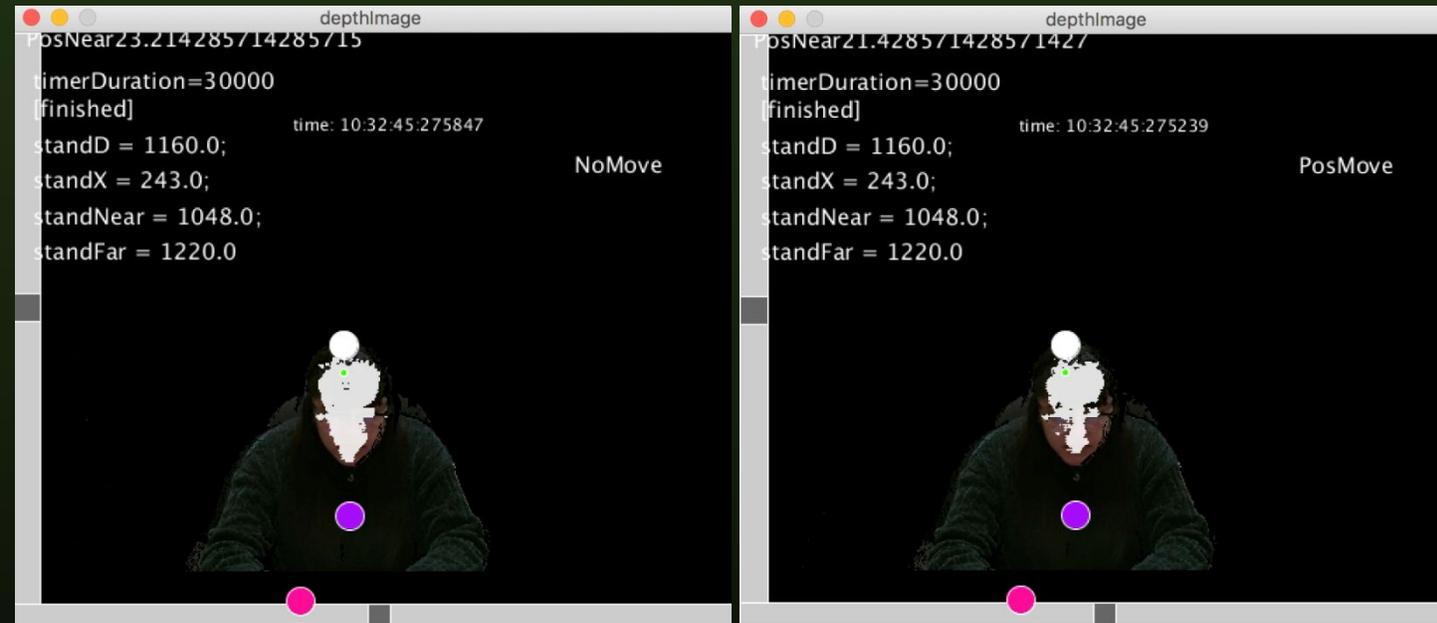
# Posture Detection

## Pos Near/ Far:

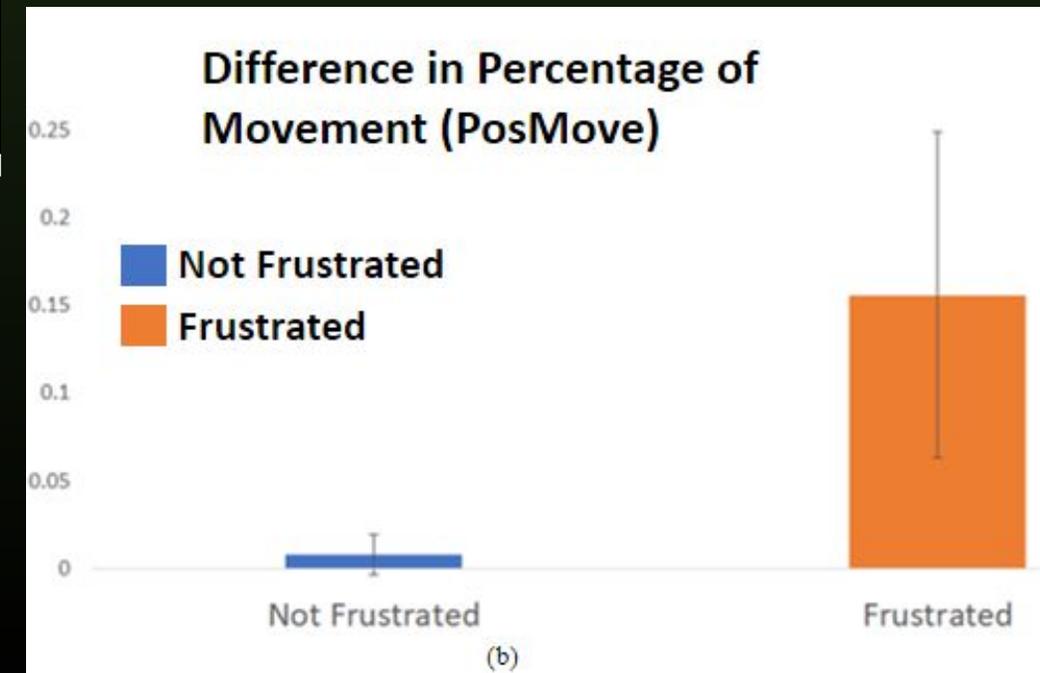
- Get Standard Position
- Get Standard Near Position
- Get Standard Far Position
- Compare current position with standard Near/Far Position

## Lean Left/ Right:

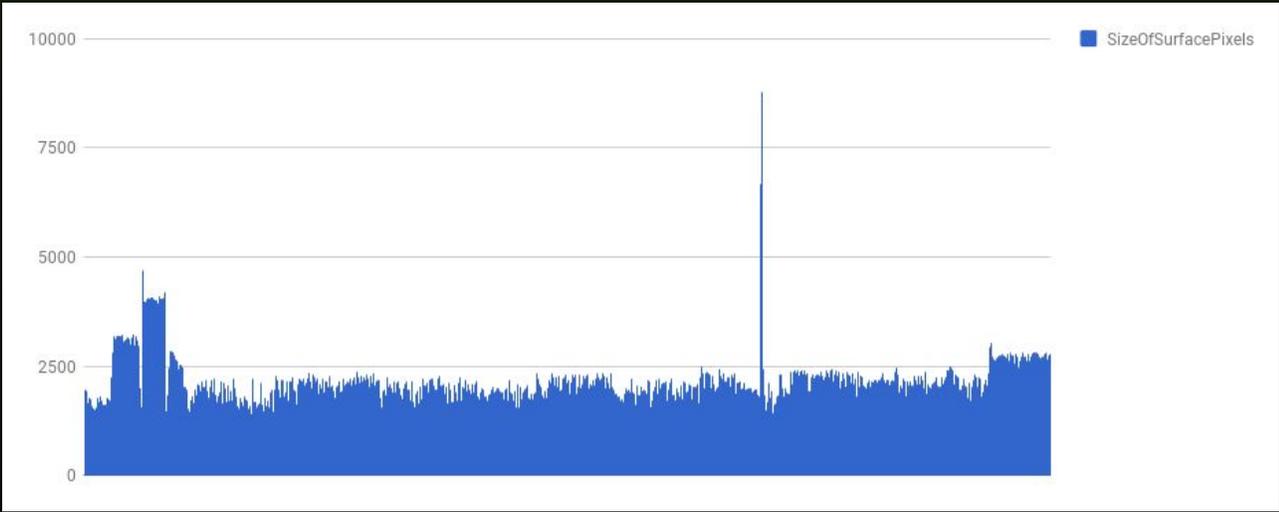
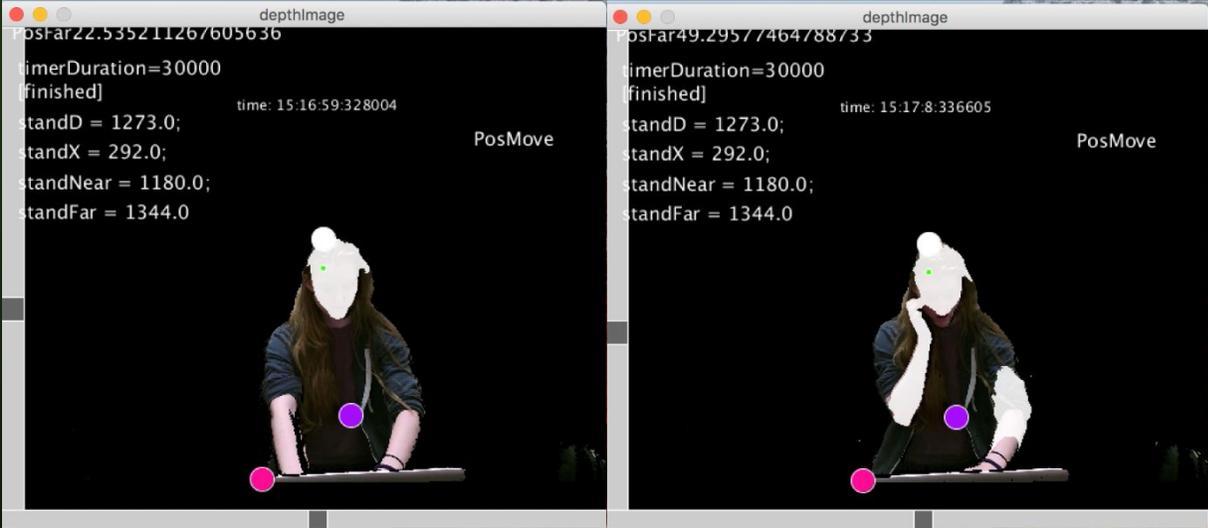
- Get Standard X Position
- Detect changes per frame



Move/No Move: The absolute sum of frame-to-frame acceleration was accumulated in a rolling one second window at each frame.



# Gesture Detection



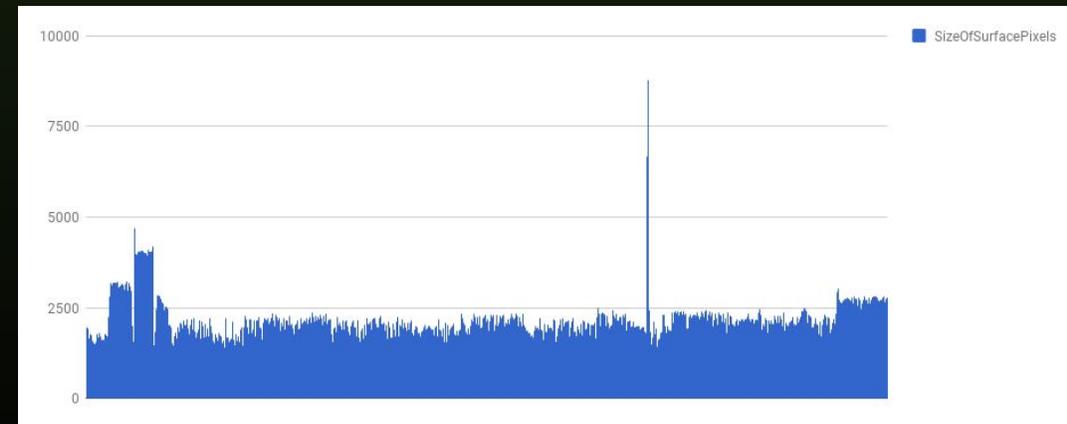
Hand-to face gesture detection using breadth-first surface propagation

# Gesture Detection

## Breadth-First Surface Propagation:

- Start from headPixel (headCenter, headRow);
- Add pixels to the ArrayList of surface pixels through a comparison between headPixel and currentPixel -> gradient has to be less than a certain threshold;

Surface propagation carried out each frame,  
Length of the ArrayList is checked after  
each frame.



# Facial Expression Recognition

# Facial Expression Recognition

Anger

Disgust

Fear

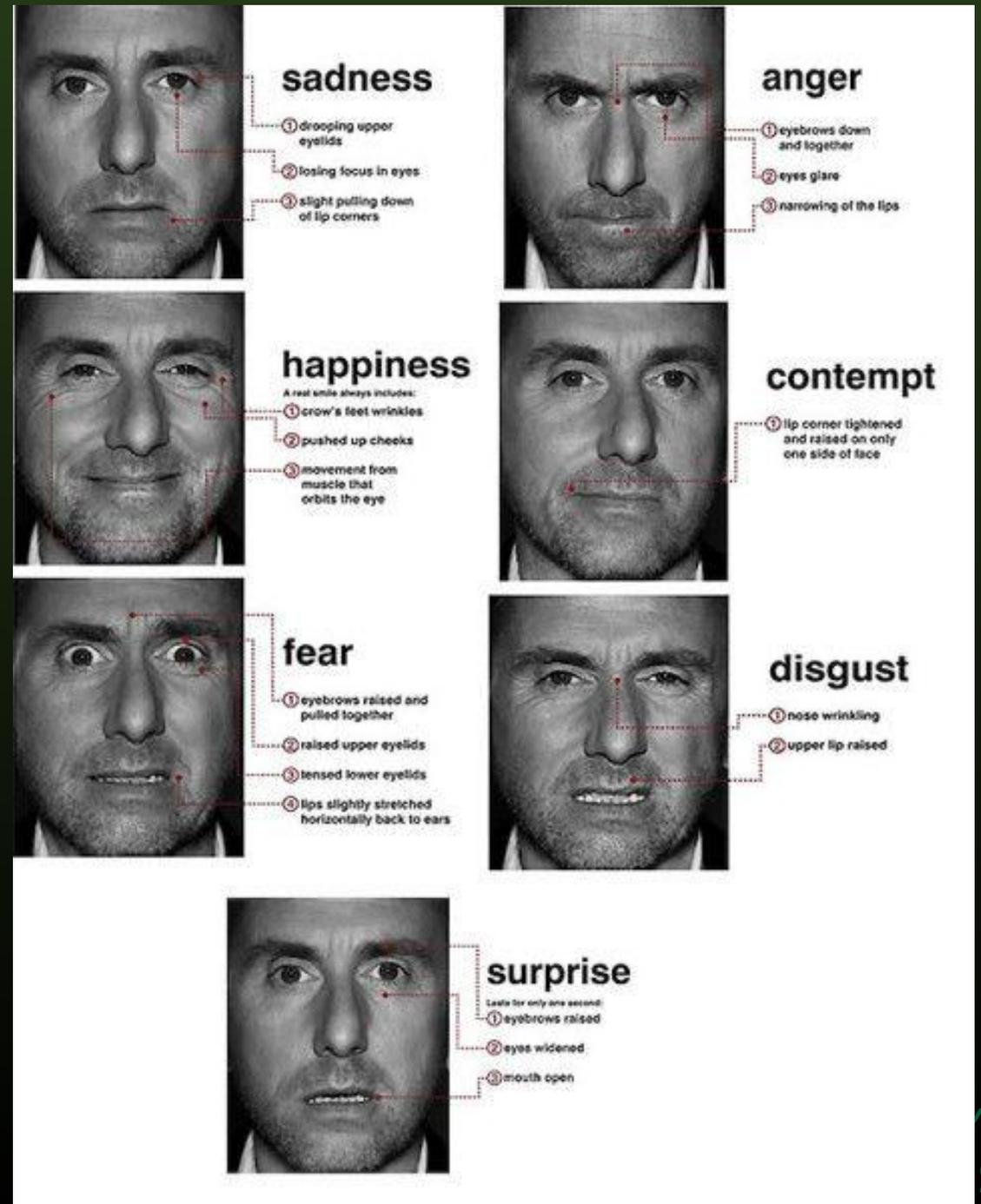
Happiness

Sadness

Surprise

Contempt added  
more recently

-- Paul Ekman



# Facial Action Coding System (FACS) Ekman et al. 1978, 2002

Categorizes facial behavior as *Facial Action Units (AUs)*. Unique upper and lower facial AUs that correspond to different movements of muscles in the face.

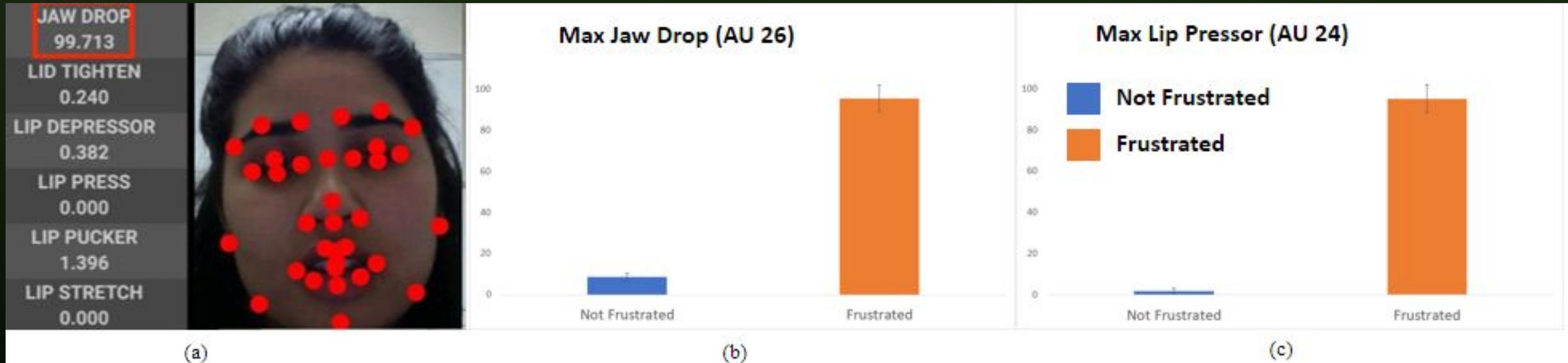
Great Visual Resource:  
<https://imotions.com/blog/facial-action-coding-system/>

| Upper Face Action Units   |   |   |   |   |   |
|---|---|---|---|---|---|
| AU 1  | AU 2  | AU 4  | AU 5  | AU 6  | AU 7  |
|  |  |  |  |  |  |
| Inner Brow Raiser<br>*AU 41   | Outer Brow Raiser<br>*AU 42   | Brow Lowerer<br>*AU 43  | Upper Lid Raiser<br>AU 44   | Cheek Raiser<br>AU 45   | Lid Tightener<br>AU 46  |
|  |  |  |  |  |  |
| Lid Droop   | Slit  | Eyes Closed   | Squint  | Blink   | Wink  |

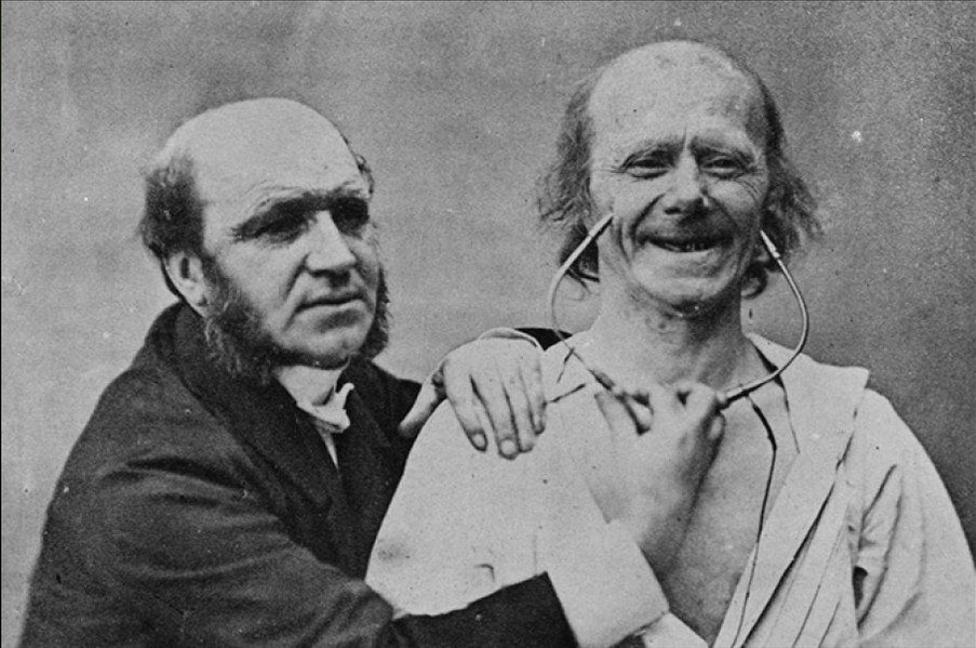
  

| Lower Face Action Units   |   |   |   |   |   |
|---|---|---|---|---|---|
| AU 9  | AU 10   | AU 11   | AU 12   | AU 13   | AU 14   |
|    |    |    |    |    |    |
| Nose Wrinkler<br>AU 15  | Upper Lip Raiser<br>AU 16   | Nasolabial Deepener<br>AU 17  | Lip Corner Puller<br>AU 18  | Cheek Puffer<br>AU 20   | Dimpler<br>AU 22  |
|   |   |   |   |   |   |
| Lip Corner Depressor<br>AU 23   | Lower Lip Depressor<br>AU 24  | Chin Raiser<br>*AU 25   | Lip Puckerer<br>*AU 26  | Lip Stretcher<br>*AU 27   | Lip Funneler<br>AU 28   |
|  |  |  |  |  |  |
| Lip Tightener   | Lip Pressor   | Lips Part   | Jaw Drop  | Mouth Stretch   | Lip Suck  |

# Facial Action Units while learning



# Duchenne Smile



# Duchenne Smile

AU 12

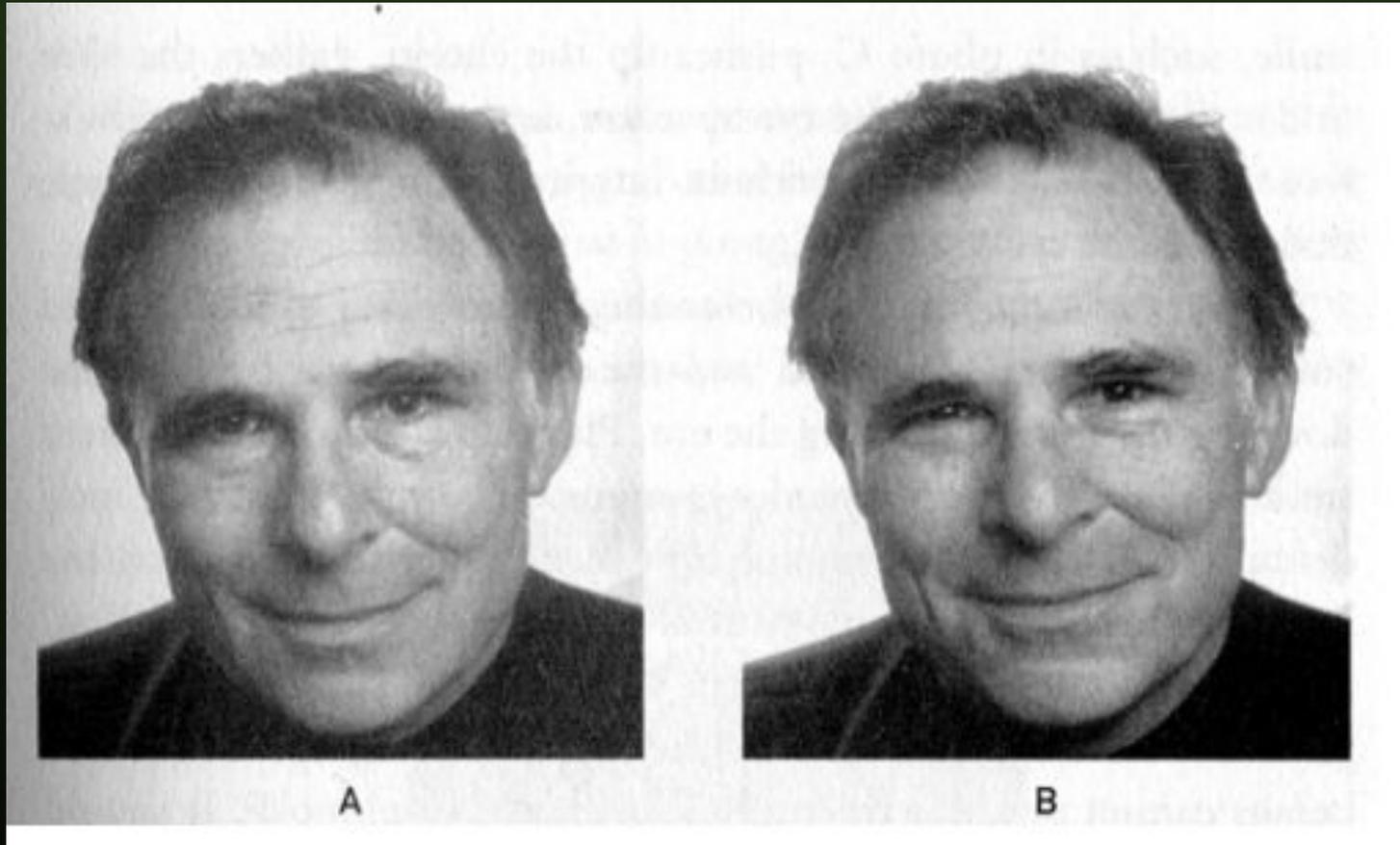


Lip Corner  
Puller

AU 6

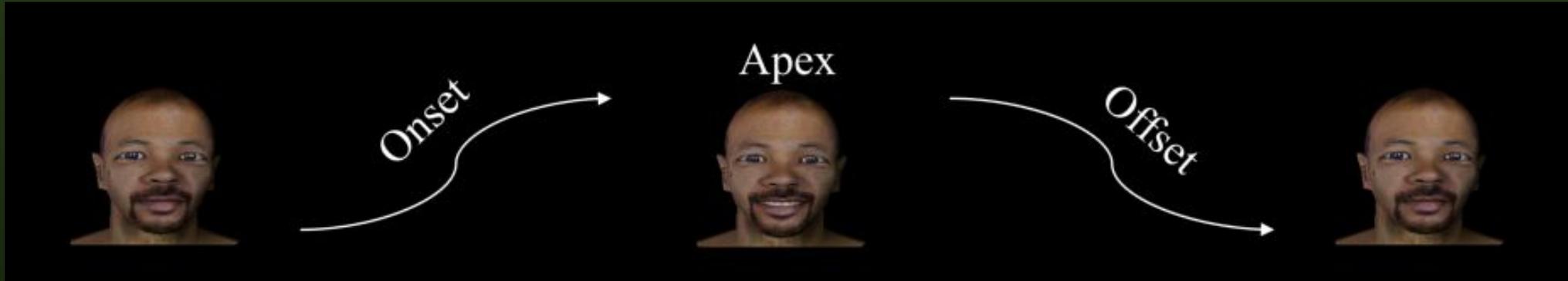


Cheek  
Raiser



AU 12

AU 6 + AU 12



## Dynamics and Emotion Perception

- Genuine smiles have longer onset/offset times (Hess&Kleck90)
- Smiles with longer onset judged more trustworthy, more attractive, & less dominant (Krumhuber&Kappas, 2005)
- Smiles with long apex judged less authentic

## Emotion Perception and decision making

- Job applicants with “inauthentic smiles” rated lower (Krumhuber&Manstead 2006)

# But do people really show what they feel?

Micro-expressions – leak emotions, unintentionally display emotions.  
Universal emotions. Process unconsciously. Typically lasts less than 0.5 s.

There is no evolutionary advantage to showing what you feel.

vs.

Expressions are like language – they help achieve social goals.

# Microexpressions



<https://www.youtube.com/watch?v=gAlg4baVhDk>

# MICRO EXPRESSIONS



<https://www.youtube.com/watch?v=rGhOuA3rr1>

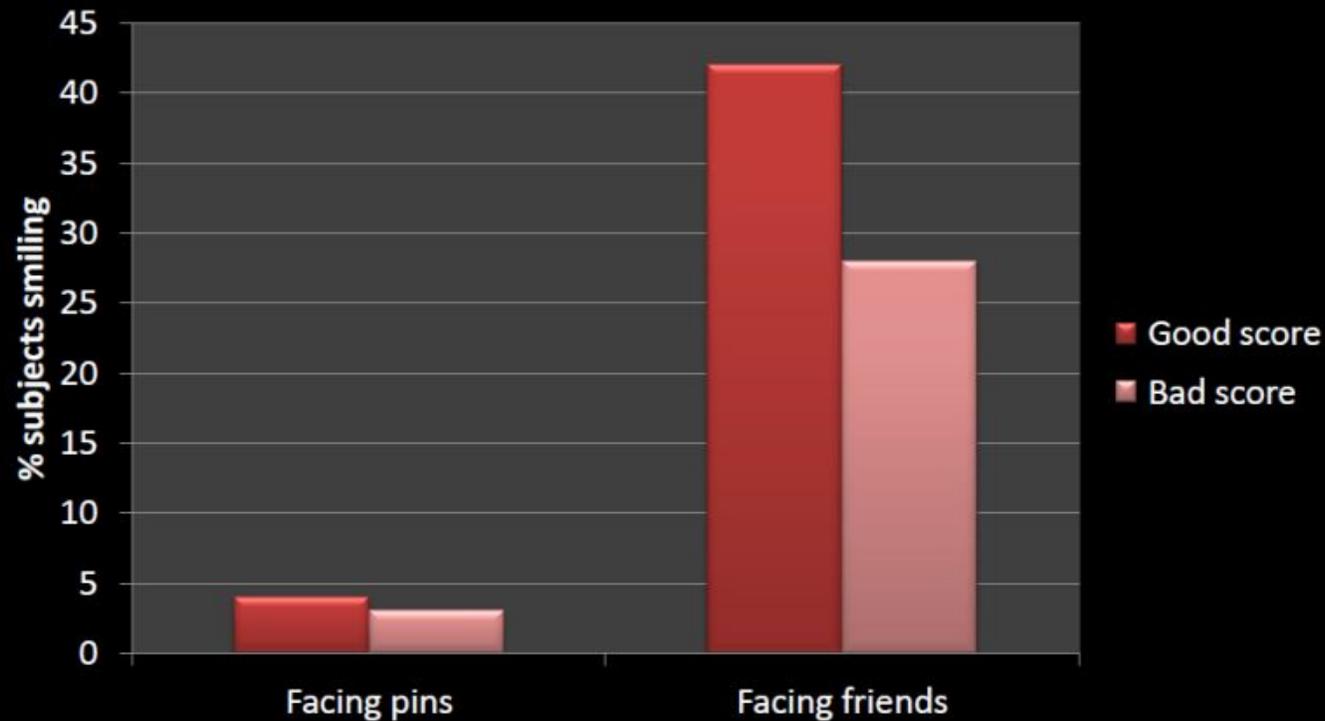
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# Do people really show what they feel?

## Bowling alleys: Kraut & Johnston (1979)



Kraut, R. E. & Johnston, E. E. (1979). Social and emotional messages of smiling: An ethological approach. *Journal of Personality and Social Psychology*, 37, 1539-1553.

# Facial Expression Encoding Takeaway

Automatic methods need to be careful when interpreting facial expressions

Need to consider social context

People can voluntarily control their expressions of emotion to a degree.

# Overall Conclusions

Emotions have varying definitions but essentially are made up of:

- Subjective experience
- Behavioral response
- Physiological response

There is no one certain way to measure emotion. It is best to have multi-modal methods to combine different techniques.

# Affectiva's AFFDEX SDK



<https://www.affectiva.com/product/emotion-sdk/>  
<https://developer.affectiva.com/>  
<https://www.youtube.com/watch?v=4A6m8-V40Z4>  
<https://www.youtube.com/watch?v=mFrSFMnskI4&t=106s>

McDuff, Daniel, Abdelrahman Mahmoud, Mohammad Mavadati, May Amr, Jay Turcot, and Rana el Kaliouby. "AFFDEX SDK: a cross-platform real-time multi-face expression recognition toolkit." In *Proceedings of the 2016 CHI Conference Extended Abstracts on Human Factors in Computing Systems*, pp. 3723-3726. ACM, 2016.



# Software Pipeline:

## 1. Face and facial landmark detection

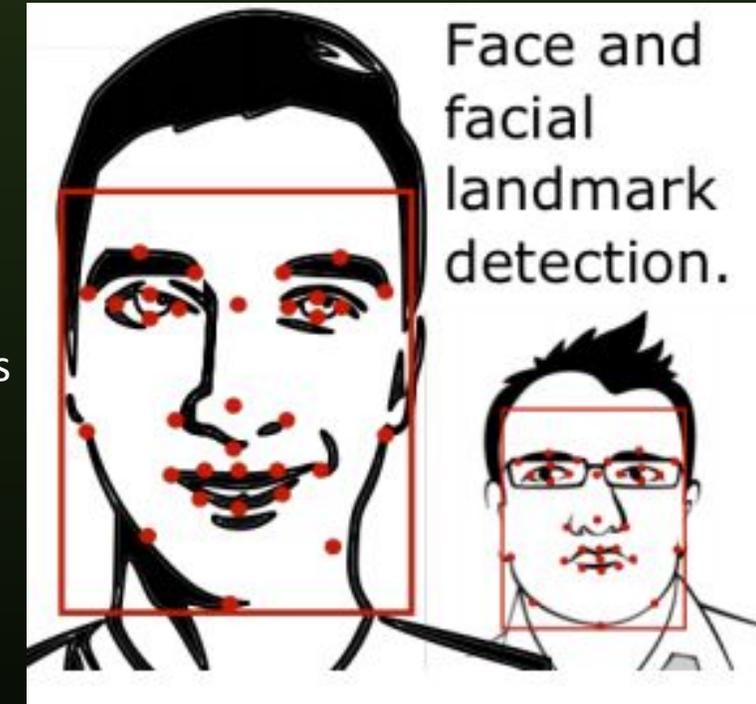
Face detection is performed

Viola, P. and Jones, M. 2001. "Rapid object detection using a boosted cascade of simple features." PROC CVPR IEEE '01.

Landmark detection is then applied to each facial bounding box and 34 landmarks identified.

Xiong, X. and De la Torre, F., 2013, June. Supervised descent method and its applications to face alignment. In *Computer Vision and Pattern Recognition (CVPR), 2013 IEEE Conference on* (pp. 532-539). IEEE.

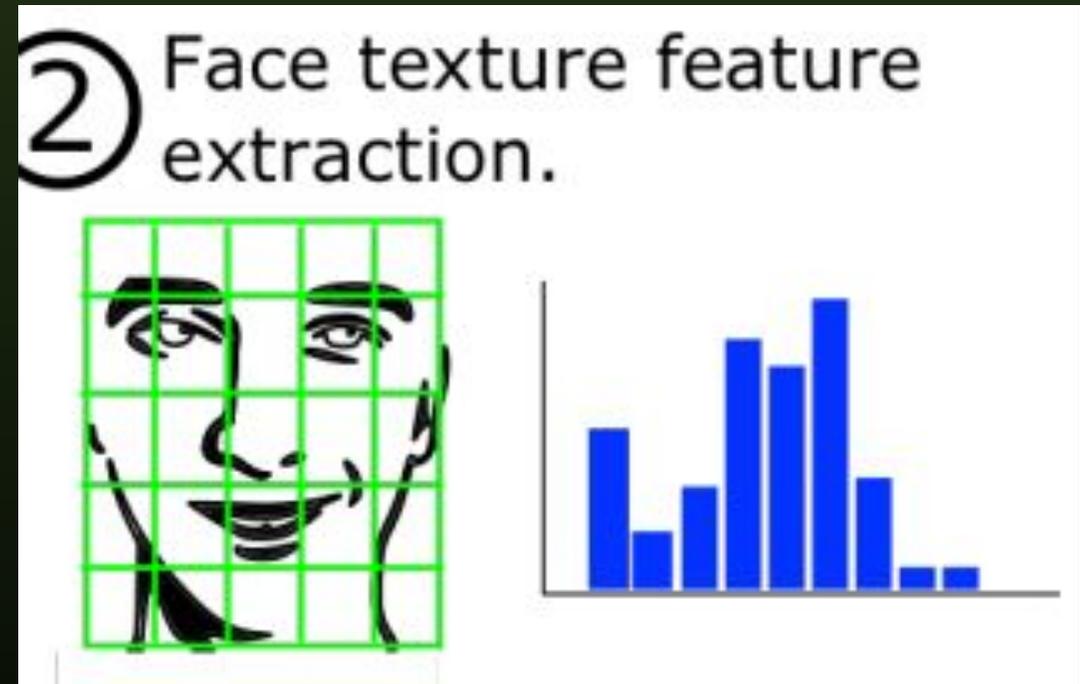
If the confidence of the landmark detection is below a threshold then the bounding box is ignored.



# Software Pipeline:

## 2. Extraction of facial textual features

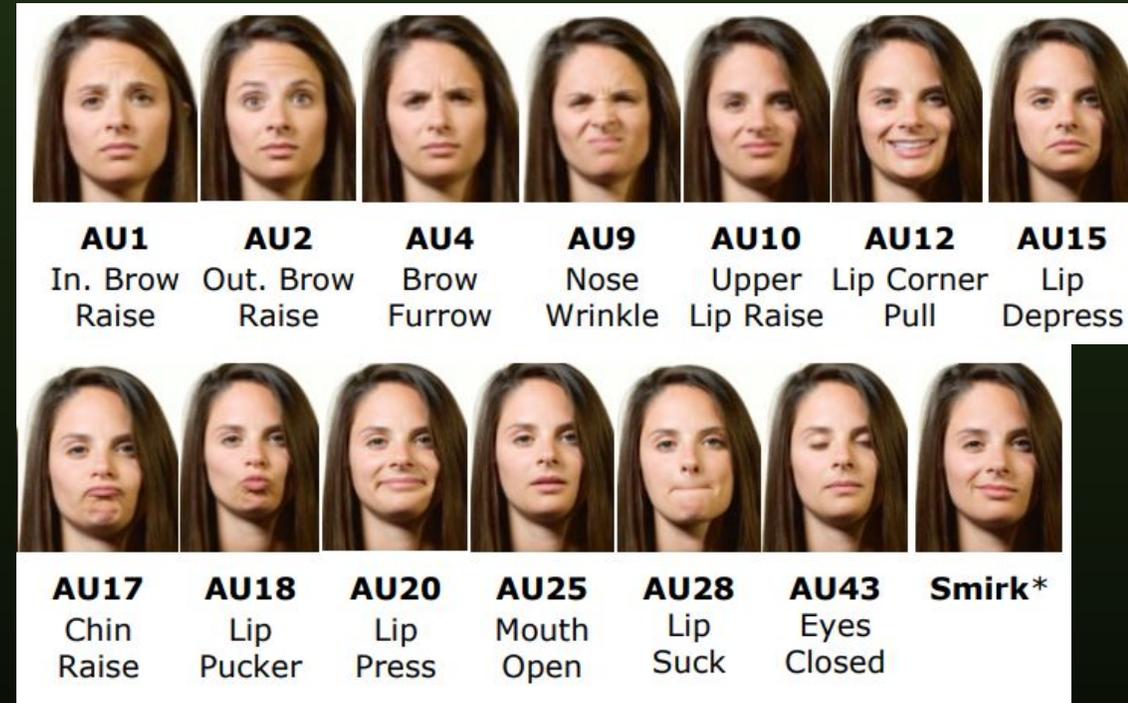
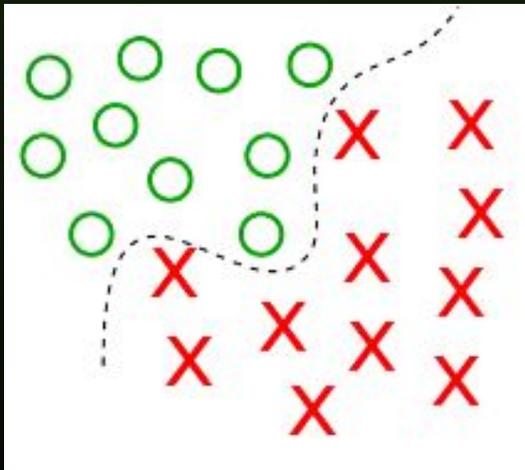
An image of the region of interest (ROI) includes eyes, eyebrows, nose, and mouth. The ROI is normalized using rotation and scaling to 96x96 pixels.



# Software Pipeline:

## 3. Facial Action Classification

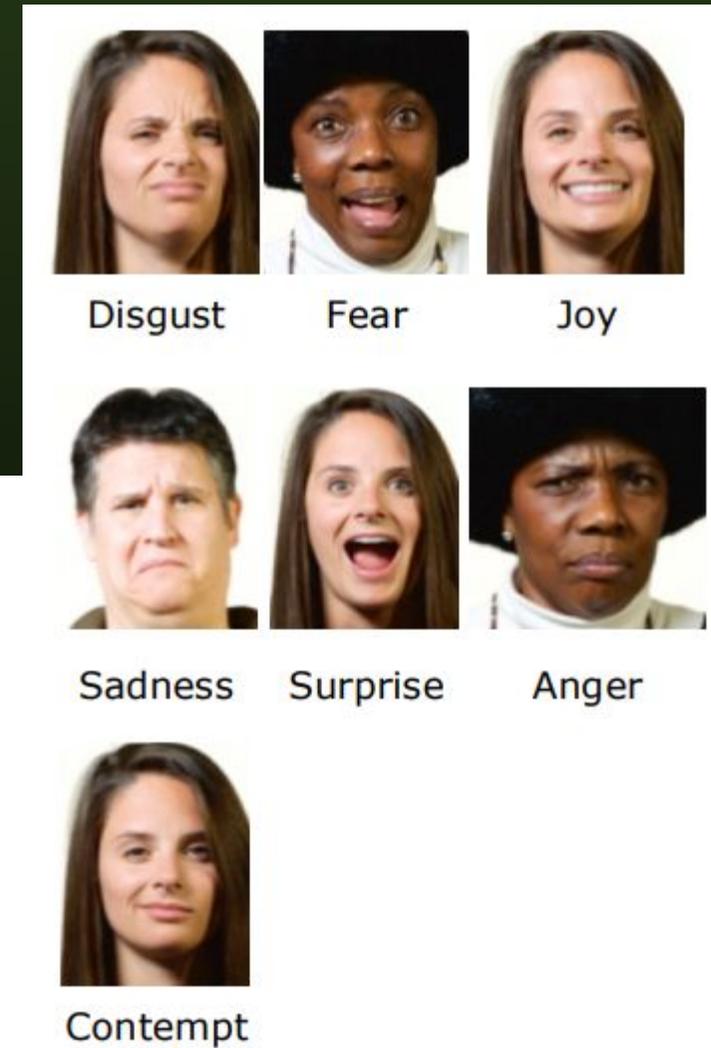
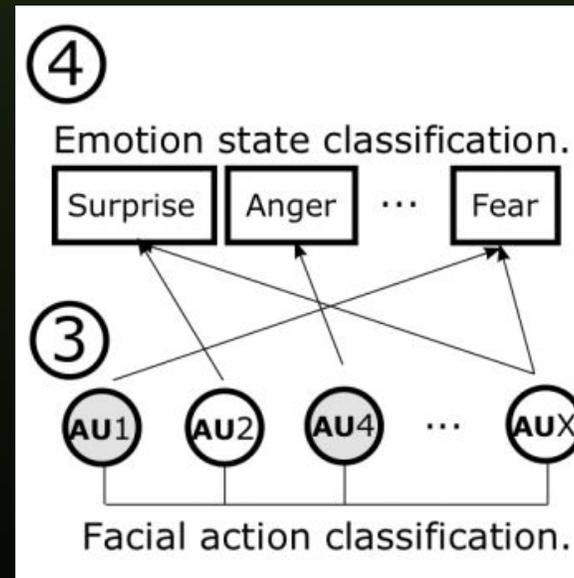
Support Vector Machine (SVM) classifiers, trained on 10,000s of manually coded facial images, are used to provide scores from 0 to 100 for each facial action.



# Software Pipeline:

## 4. Emotion State Classification

The emotion expressions Anger, Disgust, Fear, Joy, Sadness, Surprise, and Contempt are based on combinations of facial actions. (This encoding is built on the Emotional facial action coding system (EMFACS)).



Ekman, P., W. Irwin, and E. L. Rosenberg. "The emotional facial action coding system (EMFACS)." *London, UK* (1994).

McDuff, Daniel, Abdelrahman Mahmoud, Mohammad Mavadati, May Amr, Jay Turcot, and Rana el Kaliouby. "AFFDEX SDK: a cross-platform real-time multi-face expression recognition toolkit." In *Proceedings of the 2016 CHI Conference Extended Abstracts on Human Factors in Computing Systems*, pp. 3723-3726. ACM, 2016.

